

NAME: \_\_\_\_\_



# Activity One



## You Can Change the World!

What do you love? What are you passionate about? What problem do you wish you could solve? How would you change the world? Volunteering is a great way to find this out.

Many places need help. Most will accept volunteers. Everyone loves a helping hand. Some charities need more help than others. It takes a special person to give their time freely. You may know a few places near you. Are they really a cause you connect with?

You will research an organization where you could volunteer. It should be for something you believe in. Don't go to the closest one. You don't have to help where your friends do. There are lots of options. Find out the following:

- What cause you will support?
- What charities are involved?
- What is their goal?
- Which one is closest to you?
- How you can help?

Get out there and make a difference!



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## Activity Two



### Everyone Has Rights!

Starting a new job can be scary. You may not know what to expect. Students are some of the people most at risk when working. This is because they often don't know their rights. They may not ask for help. They may feel embarrassed to ask for more training. Students can be pressured to do what the boss says. Even if the boss is wrong, they will often stay quiet.

Don't let this happen! Stop students from getting hurt. Workplace injury can be prevented. You will create a video telling students about their rights at work. It should be 3-5 minutes. Use real information. You can use humour to get your message across. Be sure to research the facts.

Your video should have examples of jobs students often have. This could be in fast food or retail. Lots of students do manual work like gardening or construction. Show them ways they can stay safe on the job. Once you have finished, find an audience. Who would benefit? Show your work to your peers. Ask your teacher if you can show it to the class. Everyone needs to know how to stay safe!

If you have a job, ask your boss to use it. It may be a good tool to train new workers. You will get credit for going above and beyond. Do good and get rewarded!



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# Activity Three



## Your Dream Job

Do you like your job? Where do you see yourself working? There may be a difference between the job you have now and the job you want. If you could do anything, what would you do? What's your dream job? Dream big!

When you look for jobs, you search the help ads. These are usually online. Sometimes they are posted in the newspaper. They advertise which places have openings. There is always a job title. They describe the job and what you need to be considered. They often list the skills required and how many years of experience you need. Often it tells what education background you need. They also tell readers how they can apply.

You will create a job ad for your dream job. It can be anything you want! Do you wish to be an ice cream tester? A race car driver? A pro basketball player? What kind of skills does this job need? What is involved? For example, if you were an ice cream taster, you would need to like sweet foods! Want to be a dog walker? You must like dogs! A doctor will always need a college degree. Be creative and be accurate!

Remember to write professionally. This means no spelling mistakes or slang. Imagine this posting will appear on an online job board. What adjectives should you use? Your writing should be a brief summary. Include a way that readers can contact the employer. Get dreaming! The sky's the limit!



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# Activity Four



## Stay Safe

You know it's important to stay safe at work. How exactly do you do that? Do you know the dangers of your work place? Where are the hazards? What could become dangerous? What equipment do you need to be safe? Sometimes your job may not talk about this.

You will make a safety poster. It will show an activity you do at work or school. This activity should have some dangers involved. You should include:

- Clear pictures.
- Bold letters.
- What the dangers are.
- What safety steps to take.
- Equipment you may need.

Lots of posters have slogans. They help catch the reader's attention. Some work slogans could include "Use your head, wear a hard hat!" or "S.P.F.: Sun Protection is Your Friend!" Have fun with it! Look online for examples of slogans. Use an activity that you are familiar with. How can you make it safer?

When you are done, find a home for it. Ask your boss if you can post it. If you made one for school, ask to put it in the hall. Your peers will thank you. Everyone needs to look out for each other. Stay safe!





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# Activity Five



## Making a Difference

Youth today want to make a difference. They are very informed about issues. They want to change the world! This can be seen online and on social media. Youth are amazing! They have done a lot of good in the world.

How can you get your friends involved? You can help them find a way to volunteer. Just point them in the right direction! You will plan a volunteer fair. This fair will help people find charities. It will help charities get the workers they need.

A volunteer fair often has many groups. They come with material to tell others about what they do. There is often a sign up sheet. People can learn about a group. They can sign up if they like what they hear. The more groups you have, the better. That way there will be something for everyone.

When planning, think about:

- Where will the fair be?
- Which charities can you ask?
- How will you advertise?
- Who are you hoping will come?
- Will there be prizes?



Often there is a reward for coming to the fair. Lots of groups give out free things. The gifts are usually small, like pens or candies. This gets people excited! You may want to have a grand prize. People can enter the draw for visiting. It will help get a crowd! Be creative! How can you spread the word?

You will make a big difference with a volunteer fair. It is a lot of work, but it can make a huge change! If you choose not to move forward, keep your plans. You never know when you will be inspired!

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# Activity Six



## Mock Interview

What is the worst part about finding a job? Lots of people will say the interview. It makes them nervous. Lots of people would rather skip it! You can help! Show a friend that interviews are easy! They are easy when you are prepared.

You will help a friend get ready for a job interview. You will conduct a mock interview. This is also known as a “fake” interview. It will be good practice. You will play the role of the boss. Your friend will be themselves. When you are the boss, you will:

- Prepare questions to ask.
- Wear professional clothes.
- Collect a resume.
- Offer comfortable seating.
- Shake hands with the interviewee.
- Be kind and polite.

Encourage your friend to dress the part. It will add to the tone of the interview. You should think of good questions that match the job. Aim for at least 5 questions. The average interview should last 20 minutes.

Ask questions you think would be important. Remember to be neutral. Give your friend honest feedback. If you are unemployed, it will help you too. It may help you feel more prepared. When you practice, it will help you both out. Getting your next job will be easy! Don't be too tough!

