





Activity One



Discrimination Case Studies

Below are a number of case studies that describe different kinds of discrimination. Choose 3 and describe how you could deal with the situation.

Case Study #1: Disability Discrimination

A school plans a trip to an art gallery. A blind student is not invited. This is because the school thinks she will not be able to participate in the gallery's activities. Imagine you are her parent. What would you do?

Case Study #2: Sexism

There are a bunch of boys playing football in the park. A girl comes and asks if she can play. One of the boys says she can't play because she's a girl. Imagine you are one of the boys playing football. What would you do?

Case Study #3: Racism

There is a fight in the schoolyard between a White student and Black student. The principal suspends the Black student. The White student does not get a punishment. Imagine you are the vice principal. What would you do?

Case Study #4: Homophobia

A teacher describes same-gender relationships as 'unnatural' and 'sinful' during Sex Education. He says he will not discuss these types of relationships in class. There is a gay student in the class who is very upset by this. Imagine you are the student's classmate. What would you do?

Case Study #5: Transphobia

A school is going on an overnight trip to a campsite. The camp says they can't allow a transgender student to come on the trip. The reason is that they only have a boys' tent area and a girls' tent area. They claim they wouldn't know where to put the student. Imagine you are the principal. What would you do?











Activity Two





An Inclusive Business

Many businesses have inclusion policies. This means that they promise to treat everybody fairly. Some put them where everyone can see them. Pretend you own a business. Choose one of the tasks below to complete.

- **a)** Create an inclusion policy. It should explain how you will treat your customers and your staff. You should have:
 - A sentence explaining who is welcome.
 - How you will deal with discrimination.
 - A positive message to customers and visitors of your business.
- **b)** Create a poster to put on the door of your business. Your poster should:
 - Be bright.
 - Be welcoming.
 - Explain who has the right to be there.
 - Explain the values of your business.

Be prepared to share your policy. You could put your poster on the door.



Source: https://racc.org



Source: www.awesomefoundation.org











Activity Three





Create Your Own Inclusive Advertisement

Sexism has always been an issue. For a long time, this kind of behavior was the norm! TV shows and movies portrayed women as weak. You never heard women's opinions on the radio. Some ads showed women as lesser than men. See some examples of these real advertisements below:





Choose one of the ads provided or research other ads from throughout history. Redesign it so that it is inclusive to everyone. You must think about:

- The message you want to send.
- The product you want to sell.
- How you depict the people in the ad.

Put the finished advertisements up in your classroom! Be as creative as you can.

Challenge: Find a commercial or radio advertisement and rewrite the script!







Activity Four





Sticky Note Reflection

Sometimes it is hard to think about the good things in our lives. It is easy to let the bad or stressful things overwhelm us. Take a moment to reflect on your life.

Take 3 sticky notes. Write down something you are grateful for that you might take for granted. Write down something you are struggling with. Write down something you have learned about gender, orientation or discrimination that surprised you.

Put your sticky notes up on the wall under each of the three headings. Have a silent walk around the class. Read some of the other notes. Then go back to your table and answer the following questions on your own.

1.	Was there anyone who was grateful for the same things as you? If so, how did that make you feel?
2.	Was there anyone who was struggling with the same things as you? If so, how did that make you feel?
3.	Was there anyone else who was surprised about the same facts as you?
4.	What did you learn from reading your classmates' reflections?









Activity Five





Intersectional Activism

Standing up for something can be scary. It can be even scarier if you are fighting against stereotypes like Malala Yousafzai.

Emma González is a Hispanic teenager. She is also bisexual. She survived a shooting at Stoneman Douglas High School in Florida. She decided to fight for gun control. She has shown that LGBTQ2S+ people, women and Hispanic people have voices. She has shown that they have a right to be heard. This is known as intersectional activism.

Greta Thunberg is a young girl from Sweden. She fights to combat climate change. She started the school strike for climate movement. She has won many awards for her activism. By speaking out she is showing that kids and girls deserve to be heard.

Research an intersectional activist. This person might represent more than one oppressed group. Write a report on this person.

Your report should answer the following questions:

- Who have you chosen?
- What do they fight for?
- What groups of people do they represent?
- What challenges have they faced?
- What are their greatest accomplishments?

Be prepared to share your report with the class!











Activity Six



Below are a number of different prompts. They are meant to get you to think deeper. Choose one and use it as inspiration for a paragraph or story.

- 1. If I was another gender, my life would be different because...
- 2. Describe a time when you felt like you were treated unfairly. How did that make you feel? What helped you get through it?
- **3.** A cause I am very passionate about is _____ because...
- **4.** If I were president, I would fight against discrimination by...
- **5.** The thing that frustrates me most about the world is... But I find hope in...
- **6.** As an ally to _____, I promise to...
- 7. Human rights have come a long way in the last 100 years. 100 years from now...

