

	Activity Five
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	The Nobel Peace Prize
	the Internet, encyclopedias, textbooks, and other p you answer the questions below.
Where is the	e Peace Prize awarded?
How often i	s the Peace Prize awarded?
How are pe	ople selected to receive the Peace Prize?
	Nobel Peace Center?






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Buddhism is an ancient world religion. It is one of the five major religions of the world. Most Buddhists live in central and Eastern Asia, but Buddhists live throughout the world.

Buddhists do not believe in a central God figure. They follow the teachings of the Buddha. They also believe in ending suffering. This can be done through perfect spiritual awareness.

Buddhists believe in showing compassion to all living creatures. This includes animals. Because of this, many Buddhists are vegetarians.

Meditation is a common practice. They do this to clear their mind and gain spiritual wisdom. Many Buddhists meditate several times a day in order to get perfect spiritual awareness.

**1.** Where do most Buddhists live?

## 2. How do Buddhists believe suffering will end?

## 3. Why are some Buddhists vegetarians?

## 4. Why do Buddhists meditate?





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