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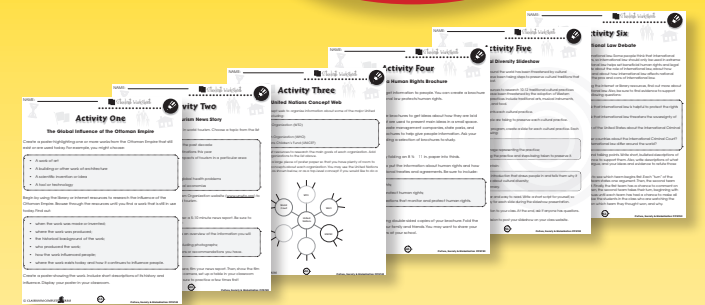
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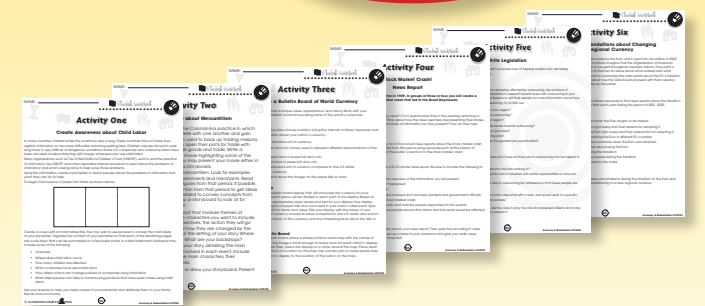
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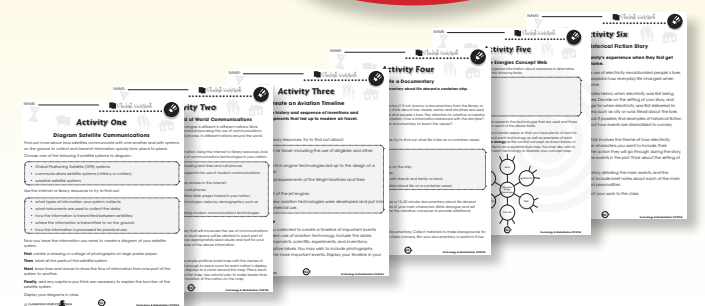
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# Globalism and Health



1. Think for a moment about how a modern Western lifestyle affects people's health. For example, think about:
- inventions and technologies in medicine and in everyday life;
  - the ways in which a Western lifestyle affects how active people are;
  - the foods people eat in modern Western societies.
- a) List three ways that a modern Western lifestyle might help people stay more healthy.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- b) List three ways that a modern Western lifestyle might harm people's health.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

2. Match the term on the left to its definition on the right. You may use a dictionary to help you.

1	diabetes	a chronic lung disease that inflames and narrows the airways	A
2	asthma	harmful materials that are put into the environment by people	B
3	obesity	a disease in which the body does not produce or properly use insulin, a hormone needed to process sugars	C
4	preservation	the process of handling food to keep it from spoiling	D
5	pollution	a medical condition in which excess body fat builds up to the point where it harms health	E



# Globalism and Health

The spread of Western culture affects the health of people around the world. On the positive side, the spread of Western medical technologies, including vaccinations, medications, and surgical tools, has helped lessen the impact of many diseases and health problems. Even the spread of everyday tools and technologies, such as refrigeration for food preservation, has helped people around the world stay healthy. On the negative side, the spread of Western products from cigarettes to fast foods has harmed the health of many people around the world. The adoption of a Western diet puts people at risk for diabetes and obesity. The development of industry harms the quality of the air and water in a region, putting people at risk for pollution-related diseases, such as asthma and heart disease. Also, as a society becomes more developed, people become less active. People walk less and depend more on vehicles for transportation. Tasks that once involved physical labor, such as washing clothes, are more likely to be done by a machine. A less active lifestyle can lead to ongoing, or **chronic**, health problems.



What diseases are related to pollution?

\_\_\_\_\_

\_\_\_\_\_

## The Spread of Infectious Diseases

Hundreds of millions of people travel from country to country around the world each year. This creates the possibility of the quick spread of **infectious** diseases, or diseases that spread from person to person by contact or through the air. A disease **epidemic** occurs when there are more cases of that disease than normal. A **pandemic** is a worldwide epidemic of a disease. Officials at the World Health Organization (WHO) monitor the spread of infectious diseases, such as influenza and smallpox, and issue alerts and advice to governments to help contain the spread of epidemics. During an epidemic or pandemic, people may be asked to wear face masks, avoid congregating at social events, such as musical performances, and to restrict travel to certain areas. Officials may also **quarantine** infected people, asking them to stay home or in separate areas of hospitals.



Students Protecting Themselves with Face Masks



# Globalism and Health



1. Write each term beside its meaning.

disease	infectious	epidemic	pandemic
quarantine	chronic	refrigeration	WHO

- \_\_\_\_\_ a) an ongoing medical condition that lasts a long time
- \_\_\_\_\_ b) a condition that harms health
- \_\_\_\_\_ c) the practice of keeping foods at a low temperature to prevent spoiling
- \_\_\_\_\_ d) a disease that can be passed from person to person
- \_\_\_\_\_ e) the organization that monitors the spread of infectious diseases around the world
- \_\_\_\_\_ f) when there are more cases of that disease than normal
- \_\_\_\_\_ g) the practice of keeping infected people away from others to slow the spread of an infectious disease
- \_\_\_\_\_ h) a worldwide epidemic of a disease

2. Circle the chronic health problems that can be caused by a Western lifestyle. Underline the infectious diseases.

- asthma                      obesity                      influenza
- smallpox                      heart disease



# Globalism and Health

3. a) On the spaces provided, explain why people may be more likely to get certain chronic health problems because of globalization.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

b) On the spaces provided, explain why the spread of infectious diseases may occur more quickly because of globalization, and describe ways in which people can help slow the spread of an infectious disease during a pandemic.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Research

4. How can you stay healthy in a globalized world? Use the library or internet to research how people in Westernized societies can avoid common chronic health problems and infectious diseases. Find out about:

- How to make healthy food choices;
- The amount of physical activity needed to stay healthy, and some ways to stay active;
- How to avoid pollution problems, and ways communities can work together to clean up a polluted environment;
- Ways to avoid catching or passing infectious diseases.

Using this information, create a poster to teach people ways to stay healthy in our society. Display the posters around your school to help inform others.

# Celebrate International Food Day

You learned how cultural homogenization has led to the adoption of Western customs, including diet, all around the world. You also learned how Western dietary fads like fast food can have a negative impact on people's health. Plan a potluck celebration with your class to celebrate international food day. You can promote awareness of healthy eating traditions from different cultures and encourage people to make healthy food choices.

First, have each student choose a culture represented in their family. Research the traditional diet of the culture, including:

- What staple crops were grown by the culture;
- How foods were traditionally prepared and cooked;
- What common dishes were served for breakfast, lunch, and dinner;
- How the cultural food traditions have been impacted by Western culture.

Have each student prepare a poster showing typical foods, crops, and cooking methods from their culture.

Then, have each student prepare a dish to share with the class during a potluck. Ask students to include a complete list of ingredients with their dishes so that students can be aware of any potential problems from food allergies.

During the potluck:

- Display all of the students' posters.
- Have each student introduce their dish, explaining where the dish originated, the ingredients, and the methods of preparation.
- Ask all students to try a taste of each dish that is within their personal dietary restrictions.
- Remind students to offer positive feedback.
- Ask students to share their opinions about their favorite dishes.

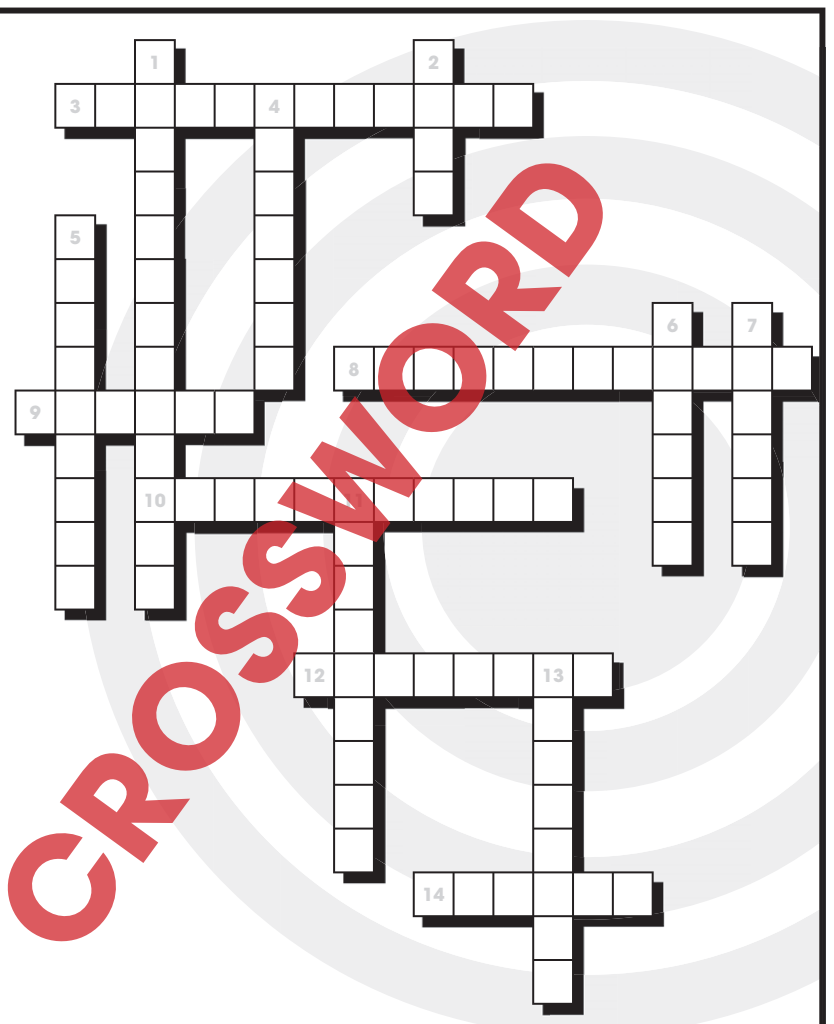
# Crossword Puzzle!

### Across

- multinational \_\_\_\_\_ offer goods or services in more than one nation
- laws protect \_\_\_\_\_ property such as art and inventions
- the movement of people across national borders to live and work
- a medium of trade
- shells were the longest-used currency

### Down

- the selling of nationally owned assets to a corporation
- the identifying image of a corporation
- a person who migrates to escape war or natural disaster
- protects a logo
- shares in a corporation
- protects an invention
- things from nature needed in order to survive
- trade



### Word List

- |              |               |           |
|--------------|---------------|-----------|
| commerce     | immigration   | refugee   |
| copyright    | intellectual  | resources |
| corporations | logo          | stocks    |
| cowrie       | patent        | treaty    |
| currency     | privatization |           |

# Comprehension Quiz

### Part A

Circle **TRUE** if the statement is TRUE or **FALSE** if it is FALSE.

- In the first millennium B.C.E., humans were trading goods and technologies over long trade routes with the aid of domesticated animals.  
**TRUE**      **FALSE**
- The period from 1900-1950 in the United States is known as the Industrial Revolution.  
**TRUE**      **FALSE**
- The telegraph was invented in the early 18th century.  
**TRUE**      **FALSE**
- The World Wide Web was developed in the latter part of the 20th century.  
**TRUE**      **FALSE**
- Natural gas is a renewable energy resource.  
**TRUE**      **FALSE**
- By the late 1950s, jet aircraft outpaced steam ships for use in international travel.  
**TRUE**      **FALSE**
- Telephones depend on the use of electromagnetic technology.  
**TRUE**      **FALSE**
- Cargo airplanes are the most efficient way to transport goods from the places where they are made to the places where they are sold.  
**TRUE**      **FALSE**

### Part B

On the spaces provided, give an example of a technological development in each field and explain how that development affects globalization.

Transportation \_\_\_\_\_

Communications \_\_\_\_\_

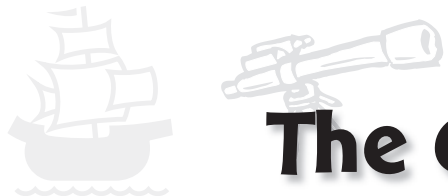
Space \_\_\_\_\_

# Communications Technology Timeline



NAME: \_\_\_\_\_

After You Read 



# The Great Depression

3. a) On the spaces provided, define the term **interdependent**. You may use a dictionary to help you.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

b) Explain how the Great Depression showed that economies of different nations around the world are interdependent.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_


## Research

### Write a Story

4. How were the lives of ordinary people affected by the Great Depression? Using the internet or library resources, find out how families from different areas of the country and different economic classes were affected by the Great Depression. Try to find first-hand accounts, such as newspaper articles or diary entries from people who lived during that period. You may also ask your family members for first-hand accounts or stories that have been handed down about the Great Depression. You may also want to read some examples of historical fiction about this period.

Using all of the background information you have compiled, write a short story about the lives of a family during the Great Depression. You may want to include some of the following:

- descriptions of the setting in a vagrant camp
- a character who thinks about what life was like before the Great Depression and compares that to his or her current situation
- quotes from newspaper articles that characters were reading
- a post-script describing the main characters' lives 10 or more years after the Great Depression



**3.**

a) When a change in one part of a system causes other parts of the system to change in response.

b) In the Great Depression, the production and export of agricultural and industrial products in some nations affected the economies of others, and when U.S. banks failed, other nations' economies were affected.

**1.**

a) Commerce is an interchange of goods and commodities between different countries or different parts of the same country.

b) Commercial is occupied with commerce or the work intended for commerce.

c) Answers will vary.

**1.**

a) intellectual property

b) patent

c) logo

d) trademark

e) supranational

f) copyright

**2.**

a) GATT - The General Agreement on Tariffs and Trade

b) UNCITRAL - UN Commission on International Trade Law

c) CSIG - UN Convention on Contracts for the International Sale of Goods

d) WTO - World Trade Organization

**3.**

a) Copyright protects artistic intellectual property, trademarks protect logos, and patents protect inventions.

b) By unifying economies, passing treaties that promote trade, and sometimes forming a common currency.

65

66

69

70

# EASY MARKING ANSWER KEY