The Skeletal System - Joints and Cartilage





Drag the correct word from the list to complete the sentence.

socket

- The bones of the skeletal system are held together by joints
- The elbow and knee are examples of <u>hinge</u> joints, because they can swing forward and backwards, just like a door.
 - c) A ball and _____ joint is called this because the ball of one bone fits into the hollow area of the other bone.

The Skeletal System - Joints and Cartilage

What Are Joints?

Your skeletal system is made up of an amazing 206 different bones. Bones are connected to each other by joints. Without joints, bones would not be able to move because it is at the joint that movement takes place. Three of the most important joints are the ball and socket, hinge and sliding joints.



- **1. Ball and Socket Joint**: This kind of joint allows movement in almost any direction, like a computer joystick. Ball and socket joints are found in the shoulder and the hip.
- 2. Hinge Joint: This type of joint

continue reading

Joints and Cartilage

