


**Drag the correct word to its definition below.**

**involuntary**

**fiber**

 a) A slender, threadlike object.

**bundled**

 b) A group of things gathered close together are \_\_\_\_\_.

**striated**

 c) Another word for striped.

**cardiac**

 d) A word used to describe things related to the heart.

e) Something that happens without thinking about it or choosing it to happen is \_\_\_\_\_.





<b>Muscle Type</b>	<b>What It Looks Like</b>	<b>How It Moves</b>	<b>What It Does</b>
<b>Skeletal</b>	Striated (striped)	Voluntary (we can control the movement)	Attached to our bones, they allow the bones to move
<b>Smooth</b>	Smooth	Involuntary (we cannot control the movement)	Controls movement inside our body
<b>Cardiac</b>	Striated (striped)	Involuntary (we cannot control the movement)	Allows our heart to pump blood



Which statements are True and which statements are False?

**WELL DONE!**

- ✓ **TRUE / FALSE** **F)** The human body has three important muscles on top of the skin.
- ✓ **TRUE / FALSE** **G)** Muscles give our body shape.
- ✓ **TRUE / FALSE** **H)** Smooth muscles are striated.
- ✓ **TRUE / FALSE** **I)** Cardiac muscles are involuntary muscles that help pump our blood.



**Open Discussion:**

What do skeletal and cardiac muscles look like?