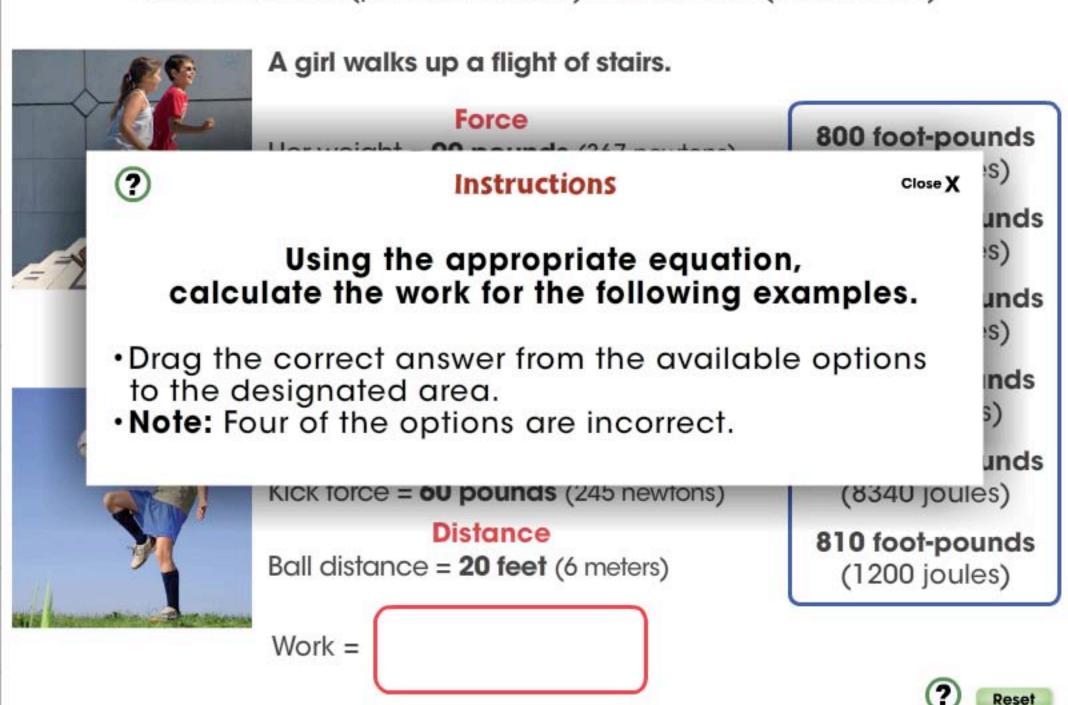
# Measuring Work

WORK = FORCE (pound/newtons) X DISTANCE (feet/meters)



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A girl walks up a flight of stairs.

### Force

Her weight = **90 pounds** (367 newtons)

### Distance

The height of the stairs = 9 feet (3 meters)

Work =

810 foot-pounds (1200 joules)



A boy kicks a soccer ball into the air.



Kick force = **60** pounds (245 newtons)

Distance

Ball distance = **20 feet** (6 meters)

Work =

800 foot-pounds (1068 joules)

1200 foot-pounds (1602 joules)

3500 foot-pounds (4895 joules)

120 foot-pounds (178 joules)

6250 foot-pounds (8340 joules)





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