

Contents



TEACHER GUIDE

• Assessment Rubric	4
• How Is Our Resource Organized?	5
• Bloom's Taxonomy for Reading Comprehension	6
• Vocabulary	6



STUDENT HANDOUTS

READING COMPREHENSION

• <i>A Place to Live</i>	
• <i>Transportation & Travel</i>	
• <i>Personal Safety</i>	
• <i>Household Tasks</i>	
• <i>Time Management</i>	7
• <i>Community Resources</i>	
• Hands-on Activities	13
• Crossword	17
• Word Search	18
• Comprehension Quiz	19



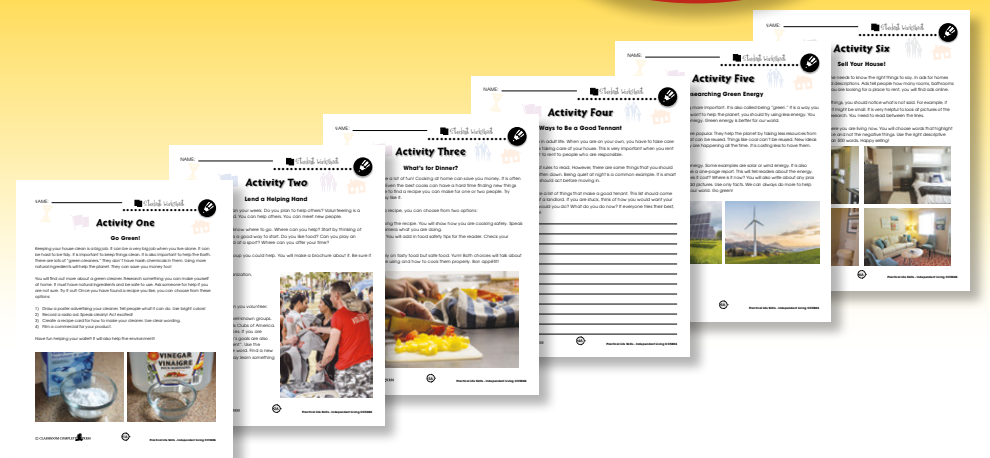
EASY MARKING™ ANSWER KEY	21
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MINI POSTERS	23
---------------------------	----

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Time Management

1. David wants to learn how to play guitar. He has a friend who knows how to play. What are some things David can do to learn?



2. Naoki is bored at home. He doesn't know what to do. What are three things you do when you are bored at home?

3. Finish each sentence with a word from the list.

schedule volunteer interest
hobby procrastination socialize

- a) Painting can be a very fun _____.
- b) An _____ is something you like to do.
- c) My _____ is full this week.
- d) He likes to _____ with new people.
- e) She went to _____ at the food bank.
- f) _____ often happens when you're tired.



Time Management

When you live on your own, there are lots of things you need to do. Going to work. Cleaning the house. Doing chores. These can take a lot of time. You need to do these things. You also need to make time for friends and family. There are many ways you can have a social life.

Social Tip

Sport clubs, gyms and libraries have things to join in. A community center also is a good spot to try things out.

It is easy to get along with people who like the same things as you. When everyone likes something, you can all enjoy it together! For example, you and your friends may like soccer. This makes it easy to play in the park.

Health Tip

Research shows that people who are social live longer.

Being with friends is fun. It can also make you feel happier. Friends help make memories. There are ways to make new friends. There may be something you are good at. You can teach someone. If you volunteer, you will meet new people.

1. Which of these will help you meet new people?

- a) Watching TV.
b) Walking a dog.
c) Volunteering at the library.



2. List three skills you have that you could teach to others.

1) _____

2) _____

3) _____

3. Sort the following into "Body" or "Brain" activities:

jogging gardening TV yoga puzzles video games board game hike

Body:

Brain:



Time Management

1. Read the sentences about spending time. Answer with true or false.

- a) Having a schedule helps you get things done.
TRUE FALSE

- b) Activities are always expensive.
TRUE FALSE

- c) Free time isn't important.
TRUE FALSE

- d) Volunteering is a great way to spend time and meet new people.
TRUE FALSE

2. Kayla has met some new friends at work. Some people like video games. Some like tennis. They can't decide what to do this Saturday. What is the best solution?

- A Everyone stays home alone.
- B Go play tennis.
- C Try something new as a group.
- D Play tennis in the morning and video games in the afternoon.



Time Management

3. Javier has three things to do this weekend:

1. Mow the lawn.
2. See a movie with his friends.
3. Finish a book for his class.

How can he fit all things into his weekend? What is important to remember for his schedule?

Graphic Organizer

4. Use the graphic organizer on page 12 to brainstorm fun things to do to avoid boredom.

One way to avoid being bored is having lots of ideas of things to do. In the diagram, you will write down what you like to do. In the small circle, you will write things you like to do alone. For example, you could watch TV. In the next circle, you will write things you like to do with a small group of friends. You could go to the beach or watch a movie. In the big circle you will write things you can do with a big group. This may be playing on a soccer team or going to a concert.

Week at a Glance

Living on your own can be hard. Even if you have roommates, there are lots of things you need to do. Stay organized! You don't want to leave the house and find out you forgot your phone! If you don't have a system, it is easy to forget events. It is very inconvenient to miss a dentist appointment. How embarrassing!

It is easy to stay on track. You know there are different things you need to do. Some of these things you must do every day, like the dishes. Some things you need to do once a week, like take out the garbage. Some things only happen once a month, like paying the rent. One good way to keep organized is to have a schedule. There are many ways to do this. Some people use their phones, others use paper.

For this task, you will make a schedule for the week. It will be a paper version. This schedule breaks each day of the week into morning, afternoon, and night. Write everything you are going to do this week. Once you get used to a paper copy, try it on a device.

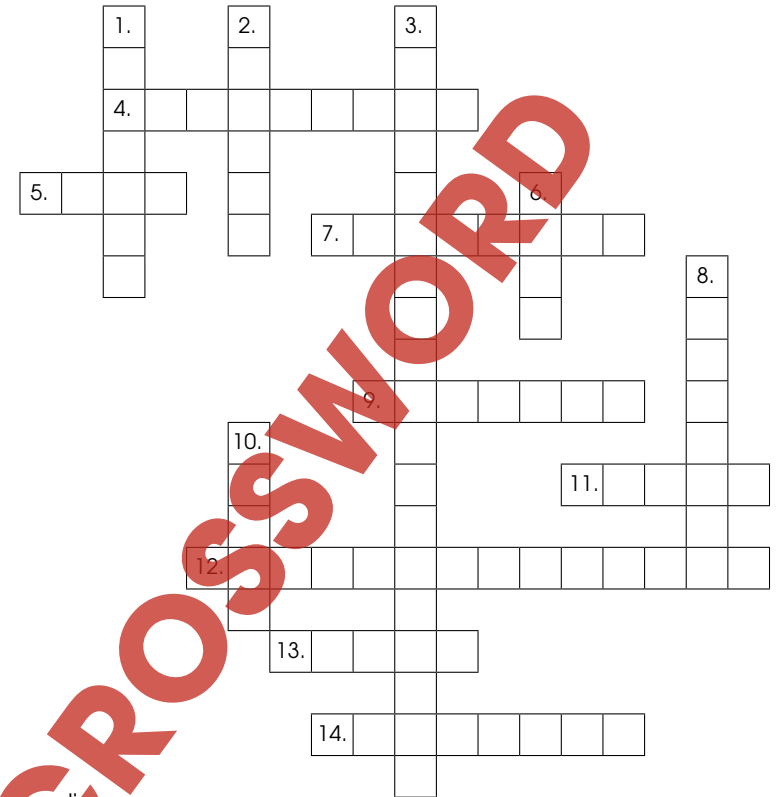
It can be helpful to color code. This means marking different things with its own color. For example, all chores will be red. Meeting friends could be in green. There is no wrong answer. Some people like to add drawings. Don't forget the fun things! Don't forget to make time for friends. Use this schedule to see where you have some extra time. You can use this time to have more fun! Have a great week!

	Morning	Afternoon	Night
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

Crossword Puzzle!

Word List

alarm
community
conserve
fare
first responder
internal
temperature
license
mortgage
rent
route
sanitary
service
symbol
toxic



Across

- The area where you live.
- This is paid each month for an apartment.
- When something is very clean.
- A _____ provided to deliver food.
- This warns of danger.
- This person comes to help in an emergency.
- A bus travels this.
- Borrow money to buy a house.

Down

- You need this to drive.
- A picture that stands for something.
- How to check when meat is safe to eat.
- The cost to ride the bus.
- To use less of something.
- This means it is dangerous to people.

Comprehension Quiz

Part A

1. Put a check mark (✓) next to the answer that is most correct.

a) Which of these is NOT important when you look for a house?

- A Color of paint.
- B Size of kitchen.
- C Location.
- D Number of bedrooms.

b) What should you always cook to an internal temperature?

- A Chicken
- B Carrots
- C Onions
- D Bread

Part B

Circle TRUE if the statement is TRUE or FALSE if it is FALSE.

- Being green is expensive.
TRUE FALSE
- You should tell strangers your address.
TRUE FALSE
- Lock your door when you leave home.
TRUE FALSE
- You should always know where you are when out.
TRUE FALSE
- A flame symbol means fire.
TRUE FALSE
- A fare is the price to ride a bus.
TRUE FALSE

What's in a Lease?

Lease and Rental Agreement

THIS AGREEMENT made this ____ Day of _____, _____, by and between _____, herein called "Landlord," and _____ herein called "Tenant."

1. PREMISES & AGREEMENT TO LEASE:

Landlord hereby agrees to rent to Tenant the dwelling located at _____ under the following terms and conditions.

2. TERM:

Tenant agrees to lease this dwelling for a fixed term of _____ beginning _____ and ending _____. Upon expiration, this Agreement shall become a month-to-month agreement AUTOMATICALLY.

3. RENT:

Tenant agrees to pay Landlord as base rent the sum of \$_____ per month, due and payable monthly in advance on the 1st day of each month during the term of this agreement. The first month's rent is required to be submitted on or before move-in.

4. LATE FEE:

Rent paid after the 1st day of each month will be deemed as late; and if rent is not paid within _____ days after such due date, tenant agrees to pay a late charge of \$_____.

5. UTILITIES:

Tenant is responsible for payment of all utility and other services for the dwelling.

6. SECURITY DEPOSIT:

Tenant hereby agree to pay a security deposit of \$_____ to be refunded upon vacating, returning the keys to the Landlord and termination of this contract according to other terms herein agreed. This deposit will be held to cover any possible damage to the property.

Landlord Signature

Landlord Full Name

Date

Tenant Signature

Tenant Full Name

Date

Guarantor Signature

Guarantor Full Name

Date



Time Management

1. Read the sentences about spending time. Answer with true or false.

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b) Activities are always expensive.

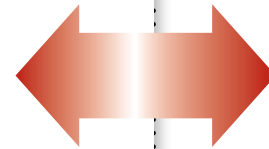
TRUE FALSE

c) Free time isn't important.

TRUE FALSE

d) Volunteering is a great way to spend time and meet new people.

TRUE FALSE



1.

a) TRUE

b) FALSE

c) FALSE

d) TRUE

EASY MARKING

2. Kayla has met some new friends at work. Some people like video games. Some like tennis. They can't decide what to do this Saturday. What is the best solution?

- A Everyone stays home alone.
- B Go play tennis.
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ANSWER KEY

2.

c





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_____ Landlord Signature	_____ Landlord Full Name	_____ Date
_____ Tenant Signature	_____ Tenant Full Name	_____ Date
_____ Guarantor Signature	_____ Guarantor Full Name	_____ Date