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STUDENT HANDOUTS

READING COMPREHENSION

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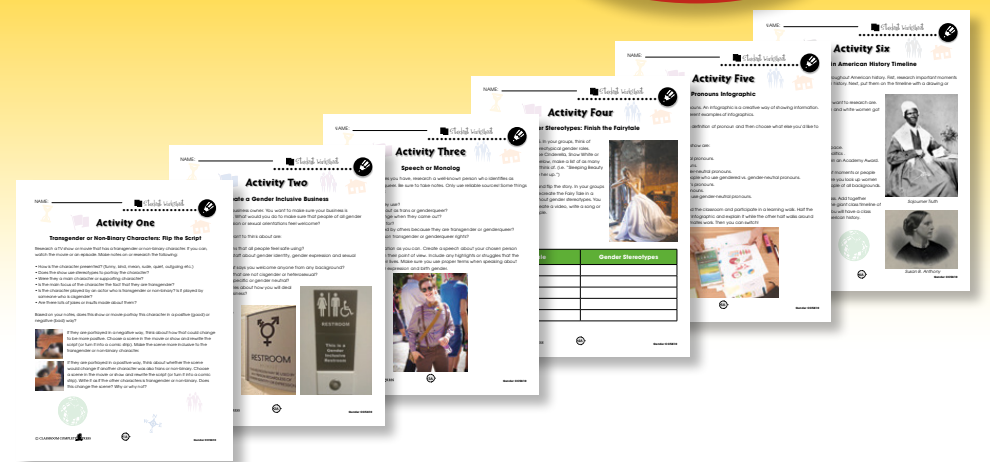
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What is Transgender?

1. Do you think the following statements are true or false? Circle the right answer.

- a) People whose gender identity does not match their assigned sex are called transgender.
TRUE **FALSE**
- b) People who identify as transgender are often seen as different. They may face rejection in their communities.
TRUE **FALSE**
- c) People who identify as transgender are confused.
TRUE **FALSE**
- d) A transgender boy is a person with a female assigned sex but who identifies as a boy.
TRUE **FALSE**

2. Circle the correct gender identity.

- a) Jamie was assigned girl at birth, but identifies as a boy.
TRANSGENDER GIRL **TRANSGENDER BOY** **CISGENDER GIRL** **CISGENDER BOY**
- b) Jordan was assigned 'female' at birth and feels like a girl on the inside.
TRANSGENDER GIRL **TRANSGENDER BOY** **CISGENDER GIRL** **CISGENDER BOY**
- c) Trent was assigned male at birth and grew up continuing to identify with his assigned sex.
TRANSGENDER GIRL **TRANSGENDER BOY** **CISGENDER GIRL** **CISGENDER BOY**
- d) Sam's assigned sex is male but identifies as a girl.
TRANSGENDER GIRL **TRANSGENDER BOY** **CISGENDER GIRL** **CISGENDER BOY**
3. You have a new student in your class. She is a transgender girl. She is being bullied by other students in your class. How could you help your classmates be more accepting of her?
- _____
- _____



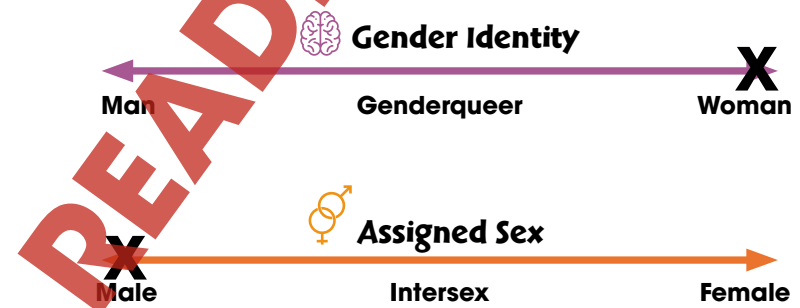
What is Transgender?

Babies start to notice the difference between boys and girls at the age of 1. By the age of 5, they start to have an idea of what their gender identity is. They might start to understand whether their gender identity matches their assigned sex. This becomes more and more clear to a child as they grow up.

A person whose assigned sex is different from their gender identity is known as **transgender**. As a person grows up, they will learn more about themselves. A person assigned female at birth may grow up to identify as a boy. The same is true for a person assigned male at birth who feels more like a girl.



Here is an example of two spectrums for a transgender woman. One represents their assigned sex. The other represents their gender identity.



The transgender woman was born a male but identifies as a woman. This is why the Xs are at opposite ends.



What is Transgender?

1. Put a checkmark (✓) next to the answer that is most correct.

a) A person who was assigned female at birth, but who identifies as a man is a:

- A cisgender man.
 B cisgender woman.
 C transgender man.
 D transgender woman.

b) What is coming out?

- A When you are playing hide and seek and it's time for a new round.
 B When you decide to tell others about your sexuality or gender identity.
 C When you go to a celebration for transgender people.
 D When you join a new club.

c) What is transitioning?

- A When a person who is transgender makes changes to themselves to be more comfortable in their own bodies.
 B When a person goes through puberty.
 C When someone accepts their friend who is transgender.
 D When someone tells people they're gay.

d) What is NOT an example of something a transgender person might do if they are transitioning?

- A Change their hairstyle.
 B Change their name.
 C Start taking hormones to change their body.
 D Change all of their interests.

2. What is the difference between a transgender boy and a 'tomboy'?

What is Transgender?

3. a) In your own words, explain why you think people who are transgender are often victims of violence or hatred.

b) Why is it unfair to treat people badly because of their gender identity? How would you explain this to someone?

Graphic Organizer

4. Use the graphic organizer on page 12 to help describe your own personal identity.

Someone's personal identity is made up of many different parts. Everyone's personal identity is different just like our fingerprints. Some examples are:

- Identifying as a girl or a boy.
- Identifying as gay, straight or bisexual.
- Identifying as cisgender or transgender.

However, there is much more to a person's identity than just those things. Personal identities can change as a person gets older. Some parts stay the same throughout a person's life. Other parts change!

Think about your own personal identity. List examples below each heading to describe your own personal identity.





Two-Spirit Interview

Find out which Indigenous nation is from the community where you live. Use the Internet or books in the library. Try to contact your local Indigenous rights organization. Interview them about gender within their community. If not, use the library or the Internet to find the answers.

- Does gender play a big role in your community?
- Does your community use the term Two-Spirit? What does it mean to you?
- What does your community think of people who do not identify as a boy or girl?
- What else do you want people to know about gender in your community?

Write a short summary for your interview or research. Alternatively, you could record your interview and present it as a podcast.



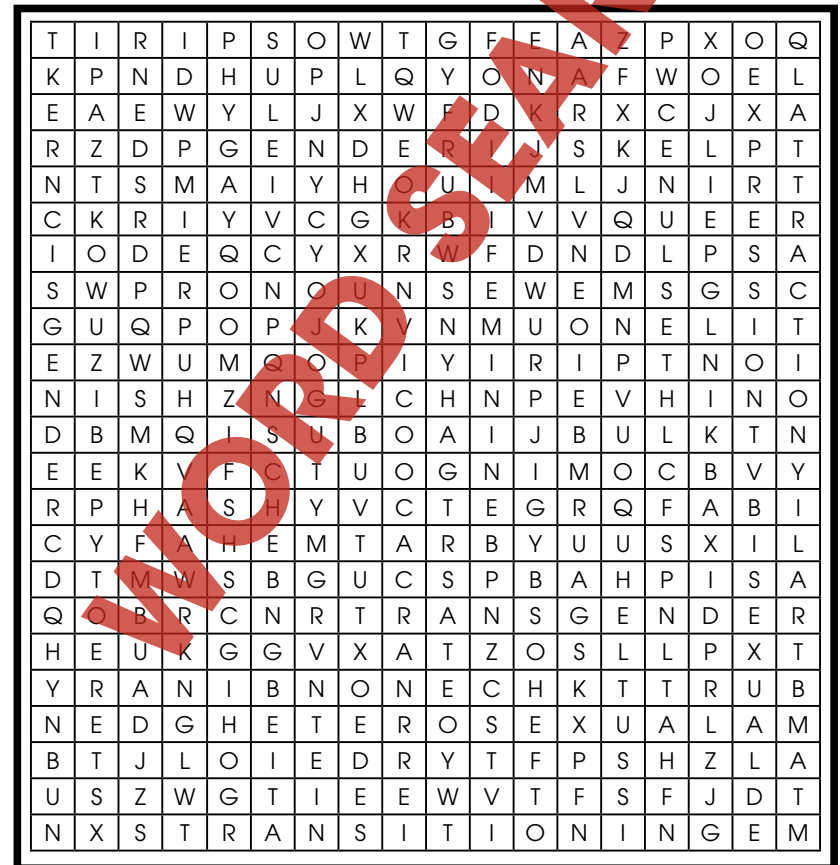
Two-Spirit Flag
<https://commons.wikimedia.org/wiki/File:2spiritflag.jpg>



Word Search

Find all of the words in the Word Search. Words are written horizontally, vertically, diagonally, and some are even written backwards.

- | | | | |
|-------------|--------------|------------|---------------|
| androgynous | expression | identity | spectrum |
| attraction | feminine | masculine | stereotype |
| bisexual | gay | non-binary | transgender |
| cisgender | gender | pronouns | transitioning |
| coming out | heterosexual | queer | Two-Spirit |



Comprehension Quiz

Part C

Answer each question in full sentences.

1. Explain the difference between gender expression, gender identity and assigned sex. 3

2. Explain the term Two-Spirit. 2

3. What are 3 things NOT to do if you are trying to determine a person's pronouns? 3

4. Describe how gender stereotypes can be harmful. 2

Personal Pronoun Nametags

Hello my name is <input type="text"/> my pronouns are _____	Hello my name is <input type="text"/> my pronouns are he, him, his	Hello my name is <input type="text"/> my pronouns are ze, hir, hirs
Hello my name is <input type="text"/> my pronouns are she, her, hers	Hello my name is <input type="text"/> my pronouns are they, them, theirs	Hello my name is <input type="text"/> my pronouns are e, em, eirs
Hello my name is <input type="text"/> my pronouns are xe, xem, xyrs	Hello my name is <input type="text"/> my pronouns are per, pers	Hello my name is <input type="text"/> my pronouns are ve, ver, vis
Hello my name is <input type="text"/> my pronouns are ae, aef, aers	Hello my name is <input type="text"/> my pronouns are fae, faer, faers	Hello my name is <input type="text"/> my pronouns are yo, yo's



After You Read

NAME: _____



What is Transgender?

1. Put a checkmark (✓) next to the answer that is most correct.

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- B Change their name.
- C Start taking hormones to change their body.
- D Change all of their interests.

2. What is the difference between a transgender boy and a 'tomboy'?

1.

a) C

b) B

c) A

d) D

2.

A transgender boy truly feels as if he is a boy in the wrong body. A tomboy is a girl who expresses herself in a masculine way.

10

EASY MARKING ANSWER KEY





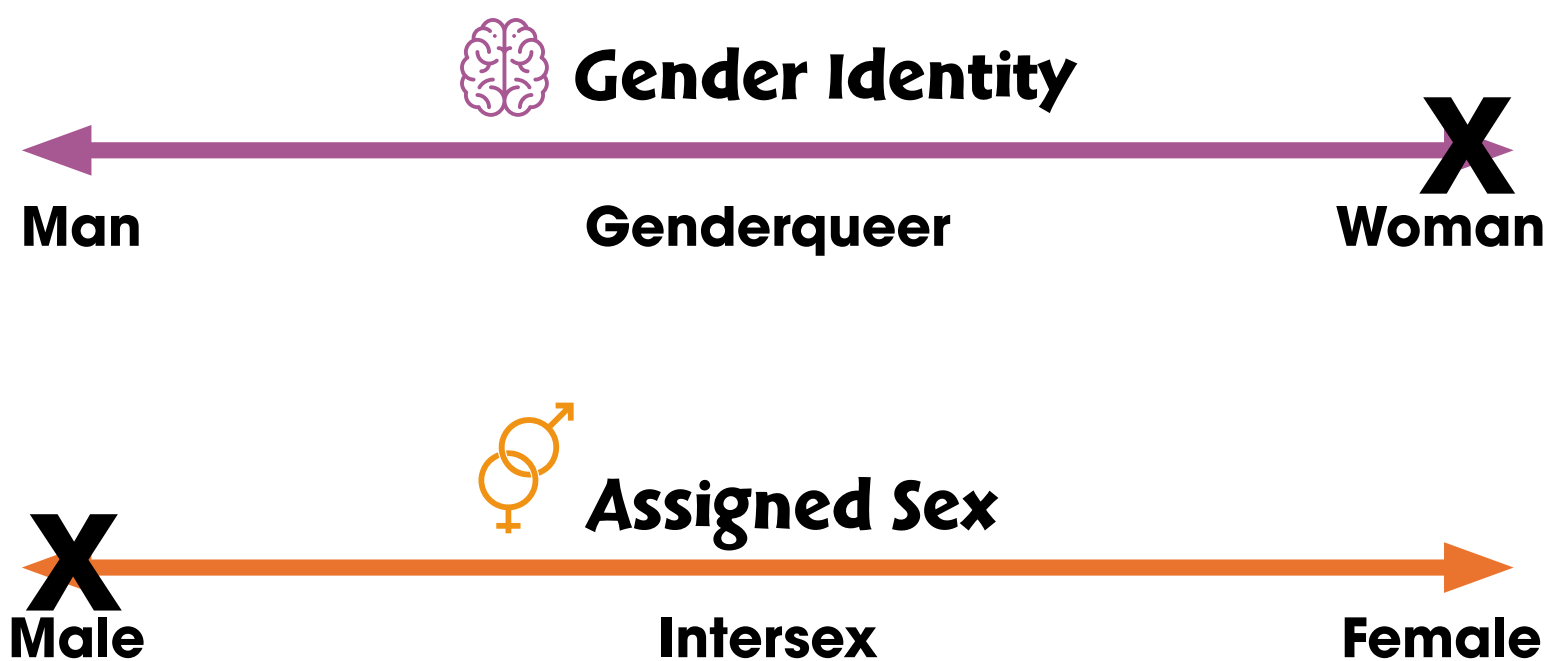
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Two-Spirit Flag

<https://commons.wikimedia.org/wiki/File:2spiritflag.jpg>

Personal Pronoun Nametags

Hello
my name is _____
my pronouns are _____

Hello
my name is _____
my pronouns are **he, him, his**

Hello
my name is _____
my pronouns are **ze, hir, hirs**

Hello
my name is _____
my pronouns are **she, her, hers**

Hello
my name is _____
my pronouns are **they, them, theirs**

Hello
my name is _____
my pronouns are **e, em, eirs**

Hello
my name is _____
my pronouns are **xe, xem, xyrs**

Hello
my name is _____
my pronouns are **per, pers**

Hello
my name is _____
my pronouns are **ve, ver, vis**

Hello
my name is _____
my pronouns are **ae, aer, aers**

Hello
my name is _____
my pronouns are **fae, faer, faers**

Hello
my name is _____
my pronouns are **yo, yo's**