









# Contents

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## **STUDENT HANDOUTS**

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	•	What is Gender?	
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- Enter item CC5810C
- Enter pass code CC5810DC







What	is Cisgendo	er or Assigned Sex?	
	wing events in order from	•	
	ex is assigned.		
•	_	way based on their assigned sex,	
<b>c)</b> Th	ney realize their gender ide	entity.	
<b>d)</b> A	baby is born.		
	ving stereotypes examples ach example under the co	s of desires or behaviours of baby boys or baby	
_	·	d) Pampered and coddled.	
•	161	e) Toy trucks are given as gifts.	
c) The nurse	ery is painted blue.	Encouraged to get dirty and be active.	
Desires o	or Behaviours of Boys	Desires or Behaviours of Girls	]
			_
			-
			_
3. Write the key	term beside the correct d	lefinition.	
gender id	entity assigned sex	sexual orientation gender expression	
		rson chooses to express their gender. This includes eir appearance.	
	<b>b)</b> Our personal for between.	eeling of being a boy or a girl or something in	
	<b>c)</b> Who we are at	ttracted to.	
	<b>d)</b> The sex a perso	on is assigned at birth.	
CLASSROOM COM	PLETE <b>E</b> PRESS	Gender CCP5810C	-3
© CLASSROOM COM	After You Read	Gender CCP5810C	-
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Sexual orientation: \_

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Assigned Sex: \_

10

Gender Expression: \_

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Gender Identity: .





NAME:

## What is Cisgender or Assigned Sex?

As soon as babies are born, they are assigned a sex by the healthcare worken the baby has typical male body parts, then the parents are told that the baby is a boy of the baby has typical female body parts, then the parents are told that the baby is a girl. This is known as a person's assigned sex. It is decided by their physical attributes.

#### Key Term: Sex assignment is when the doctor tells you the baby's sex.

Babies are too young to have a feeling of what their gender identity is. Therefore, they are treated as the sex they were assigned at birth. The way they are treated is often based on beliefs of what boys and girls should be like.

#### More info

A small percent of the population is born with body parts that are not fully male or female. These people are known as intersex.

#### More info

Assigned sex and gender identity are not the same thing. Ássigned sex is given at birth and gender identity is an individual feeling.

Babies often grow up and identify with their assigned sex. For example, a baby is told that she is 'female' at birth. She will often grow up feeling as if she is a woman. Her assigned sex is the same as her gender identity. When a person's assigned sex matches their gender identity, they are known as cisgender.

ote: (is pronounced as "siss"-gender.

Being cisgender is seen as 'normal'. Most people think that a baby will grow up and continue to identify with the gender they were given at birth. Sometimes this does not happen.



Cisgender Boy to Man



After You Road

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NAME: \_

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What is Cisgen	der or Assigned Sex	:?

	What is Cisgender or Assigned Sex?
3.	What is the difference between a person's assigned sex and their gender identity?
<b>4.</b> De	Look up the definition of the word <i>privilege</i> . Think about what it means to be cisgender, escribe how a cisgender person has <i>privilege</i> .
5.	Do you think you have <i>privilege</i> because of how you were born? Why or why not?
6.	
<b>5.</b>	escribe how a cisgender person has <i>privilege</i> .

When it comes to gender, we often break down a person's identity into different parts. The three main parts are: assigned sex, gender identity and gender expression. Think of as many examples as you can. In the graphic organizer, list these examples under each of the headings. Use the reading passages and the Internet to help you.





## A Transgender Story

Using the Internet, find a story of a transgender person, such as the story of Ryll www.raisingryland.com. Read the story, or watch the short documentary. After, answer the following questions:

- 1. At what age did this person (ex: Ryland) first show that they did not identify with their assigned sex? How did they show it?
- Why do you think this person (ex: Ryland) was so angry and misbehaved so much at a young age?
- If applicable, how did the gender therapist a) describe the difference between gender and sex?
  - **b)** define the word transgender?
- a) Why was getting a haircut so important to this person (ex: Ryland)?
  - **b)** What made their parent's finally take their words so seriously?
- At this person's (ex: Ryland's) age, what might transitioning look like according to the gender therap
- What is the most important thing to take away from this story or video, in your opinion?

Finally, write a short essay answering the questions above. Or, record a video essay. In your conclusion, talk about what this story or video taught you about what it's like to be transgender. Then, present your essay to the class.

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NAME:

After You Read



## **Crossword Puzzle!**

#### **Word List**

androgynous cisgender coming out expression identity non-binary oppressed

orientation

pronoun roles stereotype they transgender transitioning Two-Spirit

Across

- 1. A term that is used by some Indigenous nations to describe people within their community that are thought of as 'third gender'.
- **5.** When a certain group of people are treated unfairly by the people in control.
- 9. Making char urself to feel more like
- \_ is who we are 10. Sexual tracted to.
- person whose gender identity matches eir assigned sex.
- ir belief about a certain group of



- are behaviors that are seen as appropriate or acceptable for certain genders.
- 3. When a person decides to tell others about their sexual orientation or gender identity.
- A term used to describe people who do not identify as a man or a woman.
- Gender is the way a person chooses to express their gender.
- 7. A gender expression that isn't feminine or masculine; it is somewhere in the middle of
- **8.** A word that replaces a noun like a person's name, for example. 11. A person whose gender identity does not
- match their assigned sex.
- \_\_\_\_ is our personal feeling of 13. Gender being a boy or a girl or something in
- **15**. A common gender neutral pronoun.

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NAME:







## Part A

Circle TRUE if the statement is TRUE or FALSE if it is FALSE.

- 1. A person can feel masculine in some ways and feminine in others.
- 2. The gender that you were assigned at birth is the same as your gender identity.
  - **TRUE FALSE**
- 3. A person's sexual orientation depends on their gender
- 4. There are more ways to identify than just boy and girl or man and woman.
  - **TRUE**
- 5. The term Two-Spirit can be used by anyon **FALSE**

**TRUE** 



#### Part B

2. Put a checkmark next to all the words that have to do with gender identity.

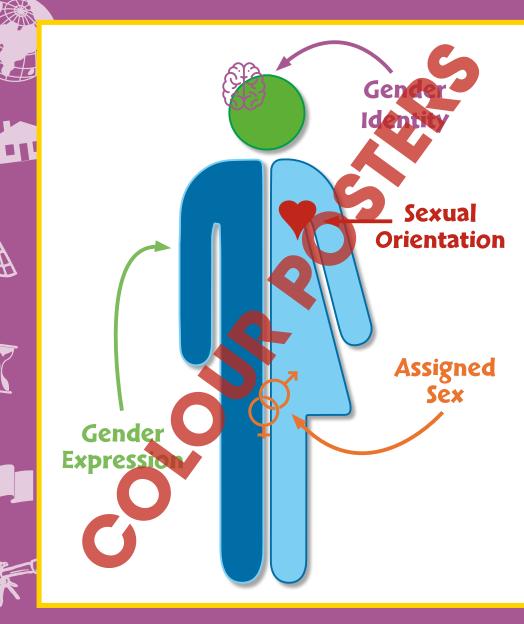
19

- A Cisgender
- O B Gay
- **c** Transgender
- O **D** Gender Non-Binary
- **E** Heterosexual



SUBTOTAL: /10 Gender CCP5810C-3

Parts of Your Identity







## What is Cisgender or Assigned Sex?

1. Do y	ou think the	following	statements are	true or false?	Circle the ri	ght answer.
---------	--------------	-----------	----------------	----------------	---------------	-------------

a) Someone who is cisgender does not identify with their assigned sex.

**b)** Gender assignment is when you are given a gender at birth.

**TRUE** 

c) Babies know their gender identity immediately after birth.

d) Someone who is intersex was born with a combination of male and female body parts or body parts that aren't entirely male or female.

e) Being cisgender is considered to be 'the norm'.

**TRUE** 

Read the description of the people below. Use the key terms to figure out their gender expression, gender identity, sexual orientation and assigned sex.

**feminine** masculine cisgender androgynous gender-neutral straight bisexual male female gay

Stefan's parents were told that they were going to have a baby boy. At a young ag he began to feel uncomfortable in his own skin. He realized that it was because on inside, he felt more like a girl. Stefan began asking to be called Stefanie. He started wearing more dresses. As Stefanie got older, she began feeling romantic attraction to both boys and girls.

Gender Expression: \_\_\_\_\_\_ Sexual orientation: \_\_\_\_\_ Gender Identity: \_\_\_\_\_\_ Assigned Sex: \_\_\_\_\_

**b)** Linlee's mother was very happy to give birth to a healthy girl. Linlee never felt that she was anything other than a girl even though she dressed like a 'tomboy'. She liked to wear hats and baggy shirts and refused to wear dresses. Linlee began developing feelings for boys in grade 6 and had a crush on her friend, Domonic. She only felt attractions to boys as she got older.

Gender Expression: \_\_\_\_\_\_ Sexual orientation: \_\_\_\_\_ Gender Identity:

Assigned Sex: \_\_\_\_\_

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- a) FALSE
- b) TRUE
- c) FALSE
- d) TRUE
- e) TRUE

# der Expression: eminine er Identity: girl

bisexual Assigned Sex: male **b)** Gender Expression: masculine

Gender Identity: girl Sexual Orientation: straight/heterosexual Assigned Sex: female









As soon as babies are born, they are assigned a sex by the healthcare worker. If the baby has typical male body parts, then the parents are told that the baby is a boy. If the baby has typical female body parts, then the parents are told that the baby is a girl. This is known as a person's **assigned sex**. It is decided by their **physical attributes**.

Key Term: Sex assignment is when the doctor tells you the baby's sex.

Babies are too young to have a feeling of what their gender identity is. Therefore, they are treated as the sex they were assigned at birth. The way they are treated is often based on beliefs of what boys and girls should be like.

### More info

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### More info

Assigned sex and gender identity are not the same thing. Assigned sex is given at birth and gender identity is an individual feeling.

Babies often grow up and identify with their assigned sex. For example, a baby is told that she is 'female' at birth. She will often grow up feeling as if she is a woman. Her assigned sex is the same as her gender identity. When a person's assigned sex matches their gender identity, they are known as cisgender.

Note: Cis is pronounced as "siss"-gender.

Being cisgender is seen as 'normal'. Most people think that a baby will grow up and continue to identify with the gender they were given at birth. Sometimes this does not happen.



Cisgender Boy to Man







# A Transgender Story

Using the Internet, find a story of a transgender person, such as the story of Ryland from www.raisingryland.com. Read the story, or watch the short documentary. After, answer the following questions:

1.	At what age did this person (ex: Ryland) first show that they did not identify with their assigned sex? How did they show it?
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3.	If applicable, how did the gender therapist:  a) describe the difference between gender and sex?
	<b>b)</b> define the word transgender?
4.	a) Why was getting a haircut so important to this person (ex: Ryland)?
	<b>b)</b> What made their parent's finally take their words so seriously?
5.	At this person's (ex: Ryland's) age, what might transitioning look like according to the gender therapist?
6.	What is the most important thing to take away from this story or video, in your opinion?

Finally, write a short essay answering the questions above. Or, record a video essay. In your conclusion, talk about what this story or video taught you about what it's like to be transgender. Then, present your essay to the class.



# Parts of Your Identity



