

# Contents



## TEACHER GUIDE

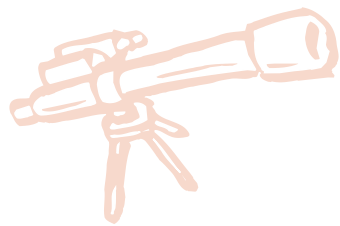
- Assessment Rubric ..... 4
- How Is Our Resource Organized? ..... 5
- Bloom’s Taxonomy for Reading Comprehension ..... 6
- Vocabulary ..... 6



## STUDENT HANDOUTS

### READING COMPREHENSION

- *What is Gender?*.....
- *How is Gender Different Than Sexual Orientation?* .....
- *What is Cisgender or Assigned Sex?*..... 7
- *What is Transgender?* .....
- *What is Genderqueer or Non-Binary?* .....
- *Gender History* .....
- Hands-on Activities ..... 13
- Crossword ..... 17
- Word Search ..... 18
- Comprehension Quiz ..... 19



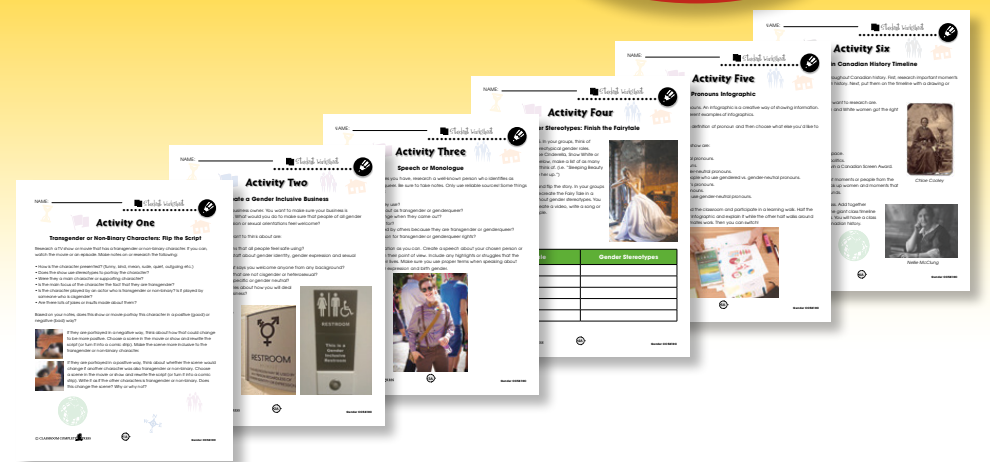
## EASY MARKING™ ANSWER KEY ..... 20

## MINI POSTERS ..... 23

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## What is Cisgender or Assigned Sex?

1. Put the following events in order from 1-4.

- \_\_\_\_\_ a) Sex is assigned.
- \_\_\_\_\_ b) They are treated a certain way based on their assigned sex.
- \_\_\_\_\_ c) They realize their gender identity.
- \_\_\_\_\_ d) A baby is born.

2. Are the following stereotypes examples of desires or behaviours of baby boys or baby girls? Write each example under the correct heading.

- a) The nursery is painted pink.
- b) Dolls are given as gifts.
- c) The nursery is painted blue.
- d) Pampered and coddled.
- e) Toy trucks are given as gifts.
- f) Encouraged to get dirty and be active.

Desires or Behaviours of Boys	Desires or Behaviours of Girls

3. Write the key term beside the correct definition.

gender identity    assigned sex    sexual orientation    gender expression

- a) The way a person chooses to express their gender. This includes any part of their appearance.
- b) Our personal feeling of being a boy or a girl or something in between.
- c) Who we are attracted to.
- d) The sex a person is assigned at birth.



## What is Cisgender or Assigned Sex?

As soon as babies are born, they are assigned a sex by the healthcare worker. If the baby has typical male body parts, then the parents are told that the baby is a boy. If the baby has typical female body parts, then the parents are told that the baby is a girl. This is known as a person's **assigned sex**. It is decided by their **physical attributes**.

**Key Term: Sex assignment is when the doctor tells you the baby's sex.**

Babies are too young to have a feeling of what their gender identity is. Therefore, they are treated as the sex they were assigned at birth. The way they are treated is often based on beliefs of what boys and girls should be like.

**More info**

A small percent of the population is born with body parts that are not fully male or female. These people are known as intersex.

**More info**

Assigned sex and gender identity are not the same thing. Assigned sex is given at birth and gender identity is an individual feeling.

Babies often grow up and identify with their assigned sex. For example, a baby is told that she is 'female' at birth. She will often grow up feeling as if she is a woman. Her assigned sex is the same as her gender identity. When a person's assigned sex matches their gender identity, they are known as cisgender.

**Note: Cis is pronounced as "siss"-gender.**

Being cisgender is seen as 'normal'. Most people think that a baby will grow up and continue to identify with the gender they were given at birth. Sometimes this does not happen.



Cisgender Boy to Man



## What is Cisgender or Assigned Sex?

1. Do you think the following statements are true or false? Circle the right answer.

- a) Someone who is cisgender does not identify with their assigned sex.  
**TRUE    FALSE**
- b) Gender assignment is when you are given a gender at birth.  
**TRUE    FALSE**
- c) Babies know their gender identity immediately after birth.  
**TRUE    FALSE**
- d) Someone who is intersex was born with a combination of male and female body parts or body parts that aren't entirely male or female.  
**TRUE    FALSE**
- e) Being cisgender is considered to be 'the norm'.  
**TRUE    FALSE**

2. Read the description of the people below. Use the key terms to figure out their gender expression, gender identity, sexual orientation and assigned sex.

feminine male    masculine female    androgynous gender-neutral    boy gay    girl straight    cisgender bisexual

a) Stefan's parents were told that they were going to have a baby boy. At a young age, he began to feel uncomfortable in his own skin. He realized that it was because on the inside, he felt more like a girl. Stefan began asking to be called Stefanie. He started wearing more dresses. As Stefanie got older, she began feeling romantic attraction to both boys and girls.

Gender Expression: \_\_\_\_\_ Sexual orientation: \_\_\_\_\_  
Gender Identity: \_\_\_\_\_ Assigned Sex: \_\_\_\_\_

b) Linlee's mother was very happy to give birth to a healthy girl. Linlee never felt that she was anything other than a girl even though she dressed like a 'tomboy'. She liked to wear hats and baggy shirts and refused to wear dresses. Linlee began developing feelings for boys in grade 6 and had a crush on her friend, Domonic. She only felt attractions to boys as she got older.

Gender Expression: \_\_\_\_\_ Sexual orientation: \_\_\_\_\_  
Gender Identity: \_\_\_\_\_ Assigned Sex: \_\_\_\_\_



## What is Cisgender or Assigned Sex?

3. What is the difference between a person's assigned sex and their gender identity?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4. Look up the definition of the word *privilege*. Think about what it means to be cisgender. Describe how a cisgender person has *privilege*.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. Do you think you have *privilege* because of how you were born? Why or why not?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Graphic Organizer**

6. Use the graphic organizer on page 12 to break down a person's identity into three parts.

When it comes to gender, we often break down a person's identity into different parts. The three main parts are: assigned sex, gender identity and gender expression. Think of as many examples as you can. In the graphic organizer, list these examples under each of the headings. Use the reading passages and the Internet to help you.

## A Transgender Story

Using the Internet, find a story of a transgender person, such as the story of Ryland from www.raisingryland.com. Read the story, or watch the short documentary. After, answer the following questions:

- At what age did this person (ex: Ryland) first show that they did not identify with their assigned sex? How did they show it?  
\_\_\_\_\_
- Why do you think this person (ex: Ryland) was so angry and misbehaved so much at a young age?  
\_\_\_\_\_
- If applicable, how did the gender therapist  
a) describe the difference between gender and sex?  
\_\_\_\_\_  
b) define the word transgender?  
\_\_\_\_\_
- a) Why was getting a haircut so important to this person (ex: Ryland)?  
\_\_\_\_\_  
b) What made their parent's finally take their words so seriously?  
\_\_\_\_\_
- At this person's (ex: Ryland's) age, what might transitioning look like according to the gender therapist?  
\_\_\_\_\_
- What is the most important thing to take away from this story or video, in your opinion?  
\_\_\_\_\_

Finally, write a short essay answering the questions above. Or, record a video essay. In your conclusion, talk about what this story or video taught you about what it's like to be transgender. Then, present your essay to the class.

## Crossword Puzzle!

### Word List

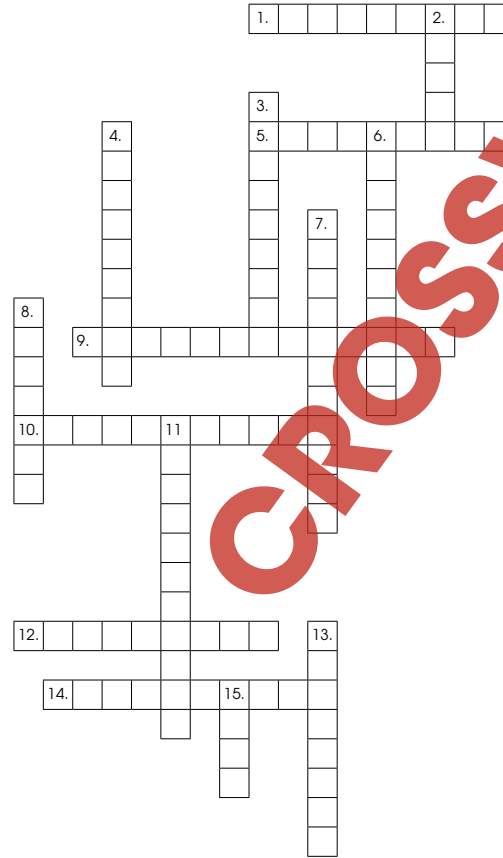
androgynous  
cisgender  
coming out  
expression  
identity  
non-binary  
oppressed  
orientation  
pronoun  
roles  
stereotype  
they  
transgender  
transitioning  
Two-Spirit

### Across

- A term that is used by some Indigenous nations to describe people within their community that are thought of as 'third gender'.
- When a certain group of people are treated unfairly by the people in control.
- Making changes to yourself to feel more like your gender identity.
- Sexual \_\_\_\_\_ is who we are romantically attracted to.
- A person whose gender identity matches their assigned sex.
- An unfair belief about a certain group of people.

### Down

- Gender \_\_\_\_\_ are behaviors that are seen as appropriate or acceptable for certain genders.
- When a person decides to tell others about their sexual orientation or gender identity.
- A term used to describe people who do not identify as a man or a woman.
- Gender \_\_\_\_\_ is the way a person chooses to express their gender.
- A gender expression that isn't feminine or masculine; it is somewhere in the middle of the spectrum.
- A word that replaces a noun like a person's name, for example.
- A person whose gender identity does not match their assigned sex.
- Gender \_\_\_\_\_ is our personal feeling of being a boy or a girl or something in between.
- A common gender neutral pronoun.



## Comprehension Quiz

### Part A

Circle **TRUE** if the statement is TRUE or **FALSE** if it is FALSE.

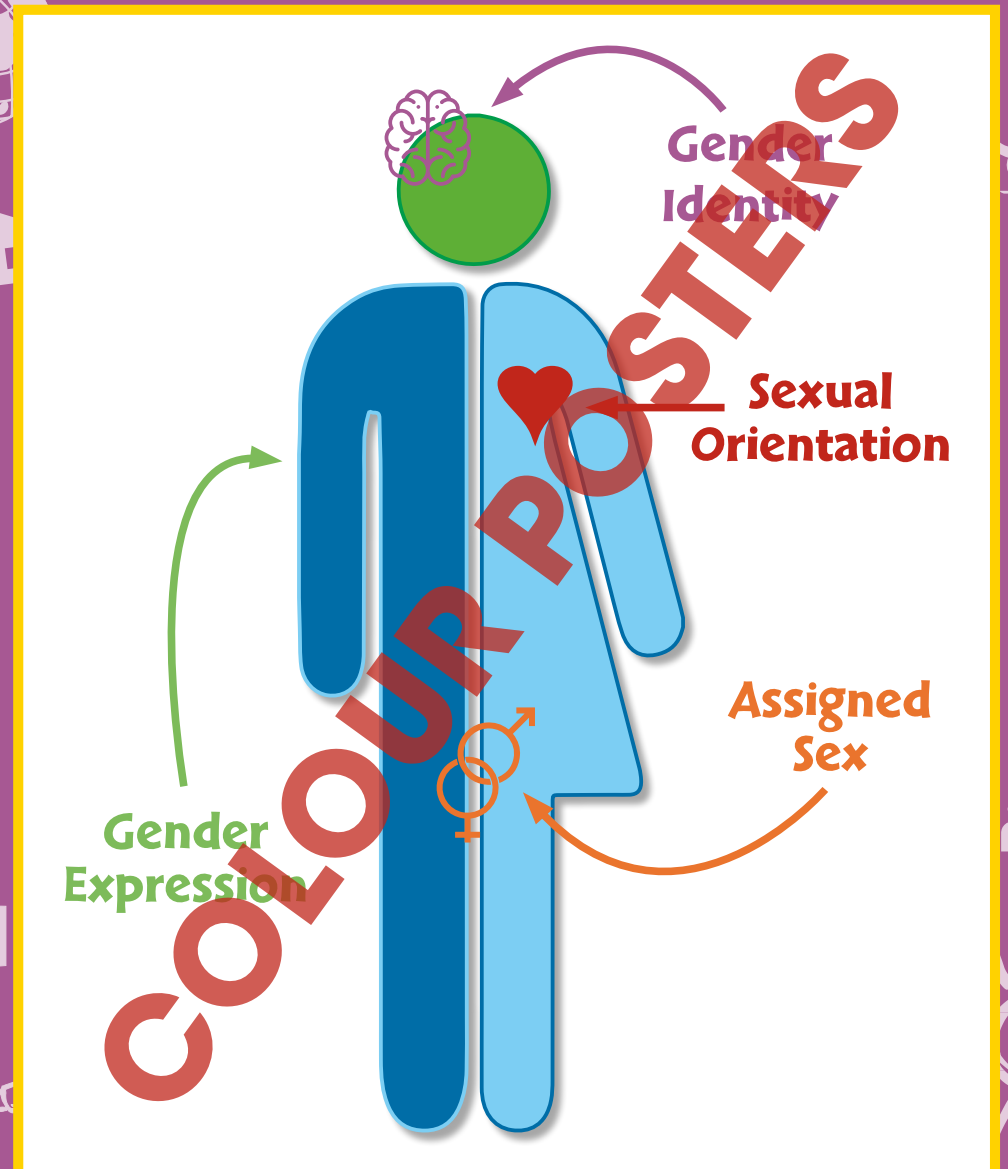
- A person can feel masculine in some ways and feminine in others.  
**TRUE**      **FALSE**
- The gender that you were assigned at birth is the same as your gender identity.  
**TRUE**      **FALSE**
- A person's sexual orientation depends on their gender.  
**TRUE**      **FALSE**
- There are more ways to identify than just boy and girl or man and woman.  
**TRUE**      **FALSE**
- The term Two-Spirit can be used by anyone to describe themselves.  
**TRUE**      **FALSE**

### Part B

Put a checkmark next to all the words that have to do with gender identity.

- A Cisgender
- B Gay
- C Transgender
- D Gender Non-Binary
- E Heterosexual

## Parts of Your Identity





# What is Cisgender or Assigned Sex?

1. Do you think the following statements are true or false? Circle the right answer.

- a) Someone who is cisgender does not identify with their assigned sex.  
**TRUE      FALSE**
- b) Gender assignment is when you are given a gender at birth.  
**TRUE      FALSE**
- c) Babies know their gender identity immediately after birth.  
**TRUE      FALSE**
- d) Someone who is intersex was born with a combination of male and female body parts or body parts that aren't entirely male or female.  
**TRUE      FALSE**
- e) Being cisgender is considered to be 'the norm'.  
**TRUE      FALSE**

2. Read the description of the people below. Use the key terms to figure out their gender expression, gender identity, sexual orientation and assigned sex.

<b>feminine</b>	<b>masculine</b>	<b>androgynous</b>	<b>boy</b>	<b>girl</b>	<b>cisgender</b>
<b>male</b>	<b>female</b>	<b>gender-neutral</b>	<b>gay</b>	<b>straight</b>	<b>bisexual</b>

a) Stefan's parents were told that they were going to have a baby boy. At a young age, he began to feel uncomfortable in his own skin. He realized that it was because on the inside, he felt more like a girl. Stefan began asking to be called Stefanie. He started wearing more dresses. As Stefanie got older, she began feeling romantic attraction to both boys and girls.

Gender Expression: \_\_\_\_\_ Sexual orientation: \_\_\_\_\_  
Gender Identity: \_\_\_\_\_ Assigned Sex: \_\_\_\_\_

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Gender Expression: \_\_\_\_\_ Sexual orientation: \_\_\_\_\_  
Gender Identity: \_\_\_\_\_ Assigned Sex: \_\_\_\_\_

1.

- a) FALSE
- b) TRUE
- c) FALSE
- d) TRUE
- e) TRUE

2.

- a) Gender Expression: feminine  
Gender Identity: girl  
Sexual Orientation: bisexual  
Assigned Sex: male
- b) Gender Expression: masculine  
Gender Identity: girl  
Sexual Orientation: straight/heterosexual  
Assigned Sex: female

10



# EASY MARKING ANSWER KEY



# What is Cisgender or Assigned Sex?

As soon as babies are born, they are assigned a sex by the healthcare worker. If the baby has typical male body parts, then the parents are told that the baby is a boy. If the baby has typical female body parts, then the parents are told that the baby is a girl. This is known as a person's **assigned sex**. It is decided by their **physical attributes**.

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**Cisgender Boy to Man**





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2. Why do you think this person (ex: Ryland) was so angry and misbehaved so much at a young age?

---

3. If applicable, how did the gender therapist:

a) describe the difference between gender and sex?

---

b) define the word transgender?

---

4. a) Why was getting a haircut so important to this person (ex: Ryland)?

---

b) What made their parent's finally take their words so seriously?

---

5. At this person's (ex: Ryland's) age, what might transitioning look like according to the gender therapist?

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6. What is the most important thing to take away from this story or video, in your opinion?

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Finally, write a short essay answering the questions above. Or, record a video essay. In your conclusion, talk about what this story or video taught you about what it's like to be transgender. Then, present your essay to the class.

# Parts of Your Identity

