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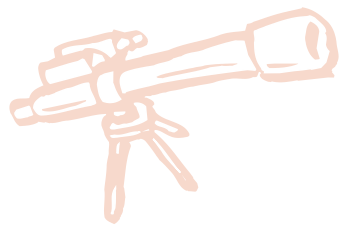
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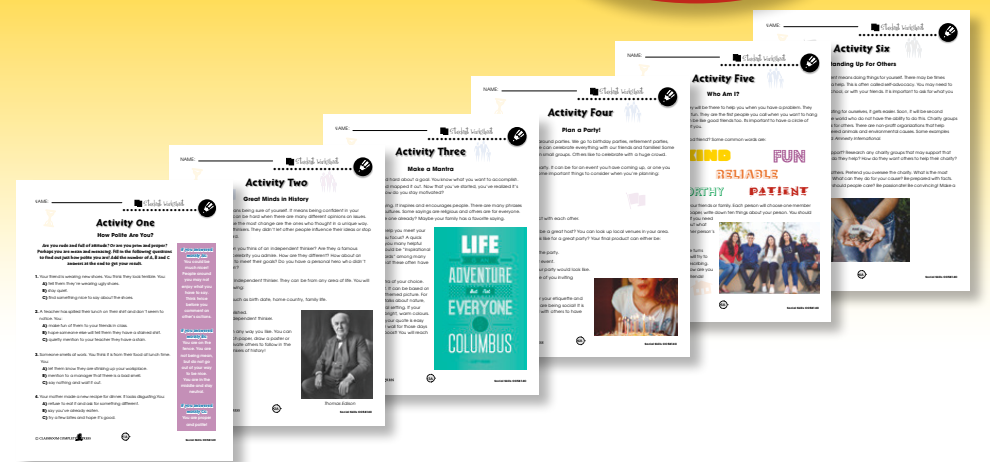
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## Fostering Relationships

1. Gabriel has a friend he likes to go to the movies with. Most of the times, Gabriel often pays because he wants to treat his friend. Once, Gabriel told his friend he couldn't afford to pay for both tickets. His friend didn't want to go anymore. Do you think this is a good friend?




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2. Maria is hard of hearing. She is having a hard time hearing her teacher during class. Should she bring her problem up with them?

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3. Finish each sentence with a word from a list.

advocate   flexible   patience   self-care   considerate

- a) He has a lot of \_\_\_\_\_ for practising the piano.  
 b) \_\_\_\_\_ is important to feel good about yourself.  
 c) You must \_\_\_\_\_ for your needs to get what you want.  
 d) She is very \_\_\_\_\_ of other people at work.  
 e) If you are \_\_\_\_\_ it makes it easier to try new things.



## Fostering Relationships

Making friends and enjoying their company is a big part of a social life. When we are young children, it is easy to meet new people and make friends. As we get older, it can be harder to make connections. It is important to realize what a true friend does. Sometimes, we forget what is important in a friendship.

Qualities of a true friend can mean different things for everyone. Most people want their friends to be **considerate**, honest, kind, and help them when they need it. If you are having a hard time, a good friend will want to help you.

If a friend isn't being nice, you should **advocate** for yourself. This means you may have to stand up for what you believe in. This is a form of **self-care**. Standing up for yourself doesn't mean you have to be rude or insult the other person.

How to let someone know you aren't happy with how they are treating you:

- Change the topic of the conversation.
- Let them know you're uncomfortable.
- Provide them with something different to do.
- Remind them of your personal beliefs.
- Tell them how you will act if their behaviour continues.

A true friend will not mind if you let them know how you feel. They will want to make sure you are happy and having fun with them. You may want to rethink your relationship with someone if they are angry with you for telling your feelings. A true friend is a treasure to have!

Evan notices his friend Aubrey is sad. Aubrey says her birthday is coming up and she can't go home. Later that day, Evan invites Aubrey out for dinner. He has some of their friends meet them there. Surprise! The group of friends pitched in and got Aubrey a cake. Evan paid for Aubrey's dinner. What traits of a good friend does Evan show?




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## Fostering Relationships

1. Below is a list of traits a friend could have. Sort them as traits you would find in a good or bad friend.

nice   selfish   funny   helpful   mean  
 good listener   jealous   annoying   generous

Good Friend	Bad Friend

2. Read the following statements. Circle TRUE if the sentence is True, or FALSE if it is False.

- TRUE FALSE a) You should always lie when talking about hard topics.  
 TRUE FALSE b) A true friend only wants to hear good things.  
 TRUE FALSE c) It is important to be patient and kind with friends.  
 TRUE FALSE d) Never change the topic of conversation if you're uncomfortable.  
 TRUE FALSE e) The best friendships are based on honesty.



## Fostering Relationships

3. Abigail is having a difficult time with her friend, Connor. He is always making fun of her clothes. He says that he is only joking and that he doesn't mean it. Recently, he made fun of her shirt for being secondhand in front of their other friends. The whole group laughed, and Abigail felt terrible. How should she talk about this to Connor?

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### Graphic Organizer

4. Use the graphic organizer on page 12 to track what traits are shown in your own relationships.

This chapter discusses how to be a good friend and what to look for in a friend. You know what traits are important, but how would they look in your own life? What things do you see happening in your daily friendships? Being kind, honest, and patient are great ways you can have positive relationships.

On the graphic organizer, each of these traits are outlined. Write down ways you can, or do, show these things in your own friendships and personal connections.



# Who Said It?

A big part of social life is speaking to others. We can laugh and talk easily with our friends. Our jobs may need us to talk with a lot of people every day. Public speaking is a skill that a lot of people don't enjoy. Some people have phobias of public speaking! Often, we need to be able to share our ideas with a group. Getting better at public speaking can help with that.

Over history, there have been many famous speeches. These were usually delivered during a hard time in history. They were meant to inspire people and give them hope. Usually, the people giving the speech were trying to make a difference.

What are some famous speeches you know? One of the most famous speeches is Martin Luther King Jr.'s speech, "I Have a Dream." He was trying to get equal rights for African Americans. He spoke in front of thousands of people.

You will find a famous speech that you enjoy. Listen to it a few times. How does it make you feel? What message is it sending to people? What is the purpose? Videos of the speeches are often online. How does the speaker sound? What gestures do they do?

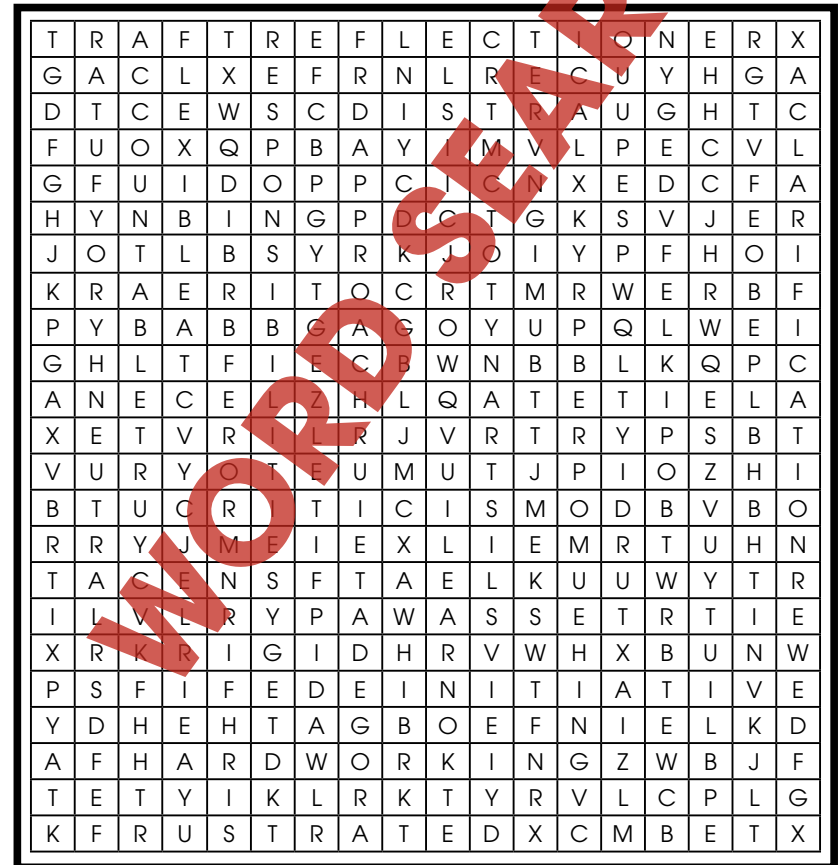
You will take your information and use it to deliver the speech to your class. You can use a script. Think of all the things the speaker did to get people interested. Be confident! Use the words of the past to be a better speaker today!



# Word Search

Find all of the words in the Word Search. Words are written horizontally, vertically, diagonally, and some are even written backwards.

- accomplish
- accountable
- approach
- asset
- clarification
- contribute
- criticism
- distraught
- flexible
- frustrated
- hardworking
- initiative
- neutral
- reflection
- responsibilities
- rigid



# Comprehension Quiz

## Part C

Answer each question in full sentences.

- Why is taking responsibility for your actions important?  
\_\_\_\_\_
- What can you do to make a difficult conversation easier?  
\_\_\_\_\_
- If you are irresponsible with money, what could happen?  
\_\_\_\_\_
- How can you show responsibility at work?  
\_\_\_\_\_

# Sample Work Schedule

WEEKLY WORK SCHEDULE		DEPARTMENT: _____						
WEEK BEGINNING: _____	EMPLOYEE	MON	TUES	WED	THURS	FRI	SAT	SUN
Hannah - Employee 116 22.5 hours	9-4:30pm	9-4:30pm	ALL DAY vacation	ALL DAY vacation	ALL DAY vacation	ALL DAY vacation	ALL DAY vacation	9-4:30pm
Joseph - Employee 117 24 hours	2-10pm	2-10pm	ALL DAY vacation	2-10pm	2-10pm	2-10pm	1-8pm	12-5pm
Lin - Employee 118 10 hours	2-10pm	2-10pm	ALL DAY vacation	ALL DAY vacation	ALL DAY vacation	ALL DAY vacation	ALL DAY vacation	12-5pm
Simone - Employee 119 21 hours	1-8pm	1-8pm	1-8pm	1-8pm	1-8pm	1-8pm	1-8pm	1-6pm
Julia - Employee 120 16 hours	1-4pm	1-4pm	11-3pm	11-3pm	11-3pm	11-3pm	1-6pm	1-6pm

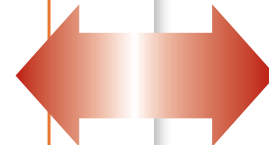


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- nice          selfish          funny          helpful          mean  
 good listener    jealous          annoying          generous

Good Friend	Bad Friend



1.

**Good Friend:**  
nice, funny,  
generous, helpful,  
good listener

**Bad Friend:**  
jealous, selfish,  
mean, annoying

2.

- a) FALSE
- b) FALSE
- c) TRUE
- d) FALSE
- e) TRUE



# EASY MARKING ANSWER KEY

2. Read the following statements. Circle TRUE if the sentence is True, or FALSE if it is False.

- TRUE    FALSE    a) You should always lie when talking about hard topics.
- TRUE    FALSE    b) A true friend only wants to hear good things.
- TRUE    FALSE    c) It is important to be patient and kind with friends.
- TRUE    FALSE    d) Never change the topic of conversation if you're uncomfortable.
- TRUE    FALSE    e) The best friendships are based on honesty.





# Fostering Relationships

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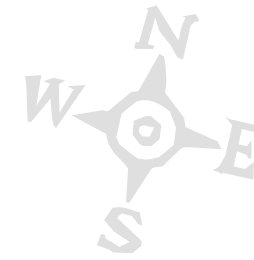
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# Sample Work Schedule

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DEPARTMENT: \_\_\_\_\_

EMPLOYEE	MON	TUES	WED	THURS	FRI	SAT	SUN
<b>Hannah</b> - Employee 116 22.5 hours	9-430pm		9-430pm		ALL DAY vacation		9-430pm
<b>Joseph</b> - Employee 117 24 hours		2-10pm	ALL DAY vacation	2-10pm	2-10pm		
<b>Lin</b> - Employee 118 10 hours					ALL DAY vacation	12-5pm	12-5pm
<b>Simone</b> - Employee 119 21 hours	ALL DAY vacation	ALL DAY vacation	1-8pm	1-8pm		1-8pm	
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