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STUDENT HANDOUTS

READING COMPREHENSION

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EASY MARKING™ ANSWER KEY

21

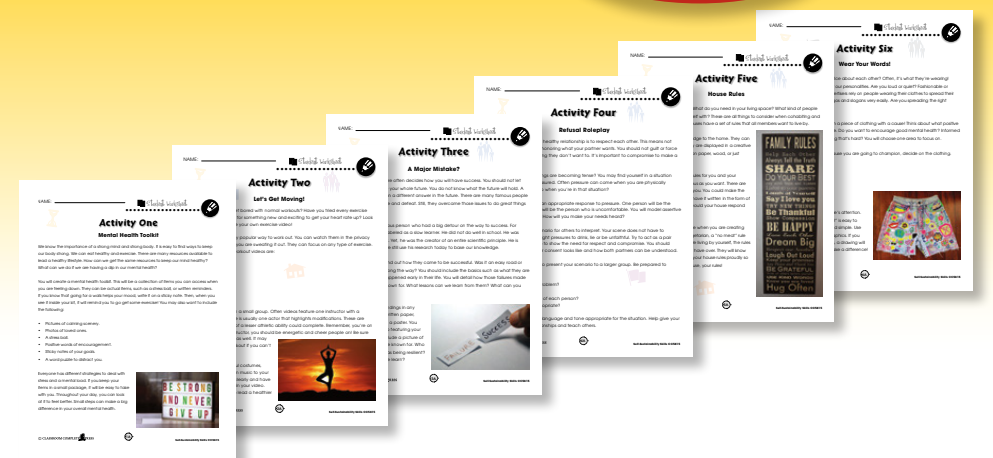
MINI POSTERS

23

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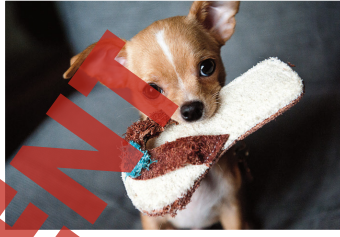
FREE!





Cohabitation & Family Life

1. Jack and Nozomi have recently moved in together. Jack has brought his dog to live with them. Nozomi is frustrated with the dog. It chews on her shoes and pees on the floor. She wants the dog to go. Is this a fair compromise?



2. Chloe and Wyatt have just had their first baby together. They are quickly realizing a new baby is a lot of work. The parents are constantly arguing over who is going to change the diapers or get up at night. What is a solution to this problem?

3. Write five sentences that include one word each from the list below.

compromise outcome role essential opportunity
priority shift contribute

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____



Cohabitation & Family Life

One of the most exciting parts of a relationship is the choice to live together. No matter how long you have been with someone, sharing a living space is a new experience. Each couple needs to learn how to live peacefully. There will be new **roles** and jobs to take care of. **Compromise** is very important. There will be certain things each person will need to do in order to make your home happy, healthy and safe.

What do you do if you can't agree? Living together is a serious commitment. You can't simply leave if you are in a fight. You will have to come up with a solution that makes both of you happy. A common way to solve a problem is to find middle ground.

Steps to find the Middle Ground:

1. Determine what the problem is.
2. Both sides say what they would like to happen.
3. Discuss all possibilities with an open mind.
4. Choose an **outcome** that will be tolerable for everyone.

You will need to agree on basic rules. Things like cleaning, paying bills, and cooking all need to be shared. If you forget to do one thing, it can make for an unhappy home. No one wants to see a dirty kitchen every day. A landlord will be very grumpy if you forget to pay rent. One strategy is to make a chore schedule. Some couples may find it easy to write bill due dates on a calendar. However you decide to organize your house, everyone must be on board.

Mason and Emily have no dishwasher at their house. With two people, the dishes add up quickly. Emily is too tired after work to do the dishes. Mason leaves work early every day. No one is doing the dishes and there is often a huge mess. How should Mason and Emily handle this issue using the steps to find the middle ground?

- 1) _____
- 2) _____
- 3) _____
- 4) _____



Cohabitation & Family Life

1. Put the steps of coming to a compromise in the right order, from 1 to 4.

- a) Pick what solution you both like.
- b) Talk about any solutions.
- c) Decide what the problem is.
- d) Tell your side of the story.

2. Label the following items as a priority "P" or nice to have "N".

- a) Paying an electric bill.
- b) Buying your children a cell phone.
- c) Saving for college.
- d) Healthy groceries.
- e) A new video game.
- f) Having time to yourself.



Cohabitation & Family Life

3. Logan and Jose have decided to break up. They are disagreeing about how to spend time with their dog, Max. Logan works on weekends and wants to see the dog during the week. Jose is worried he won't be able to look after the dog every weekend. Jose suggests that he will look after the dog every weekend, but Logan will pay for a dog walker when he can't. Is this a good compromise? Explain and offer a different option.

Graphic Organizer

4. Use the graphic organizer on page 12 to help keep track of your goals.

What makes a happy house for you? Is it a great trip together? Maybe it's a weekly family hike. It's important to have goals and plans for your household. Whether you are a couple living together, or a large family with kids, it is nice to have something to hope for. Planning out something fun to do in the future gives you something to look forward to. Remember the saying, "fail to plan, plan to fail".

Life gets busy and we can forget to do the things we really want to do. One easy way to make sure you meet these goals is to track your progress. On the goal tracker graphic organizer, you will fill out your household goals. Each of the goals have 8 different checkboxes. They can represent different items. For example, if you are saving for a \$800 trip, each box may represent \$100 saved. If you are hoping to do a weekly exercise class, each box could be a finished class. A visual can help you meet your goals. Go make some family memories!



Managing Mental Health

Mental health is very important. People are beginning to understand that we need a healthy mind just like we need a healthy body. We are still learning more about ways to improve mental health. Different organizations are working hard to erase the stigma of mental health. This stigma may prevent some people from getting help with mental health issues. How do you know where to get help? What do others do to support positive mental health in their community?

You will research what mental health resources are in your area. It could be a non-profit organization, therapists or community programs. Your information should be presented in a brochure that could be given out to high school students. You should include:

- Name of organization and location.
- Mission statement.
- Services available.
- Possible costs.
- Who is eligible to get help.

Your brochure should be colorful and neat. You want it to catch the eyes of a student who may be struggling with their mental health. Be sure to check for spelling and use actual information. If there isn't an organization in your area, find a site online. You can make a list of online sites that students can go to if they are having problems. The goal is to erase the stigma of mental health. Helping even one person will make a difference!



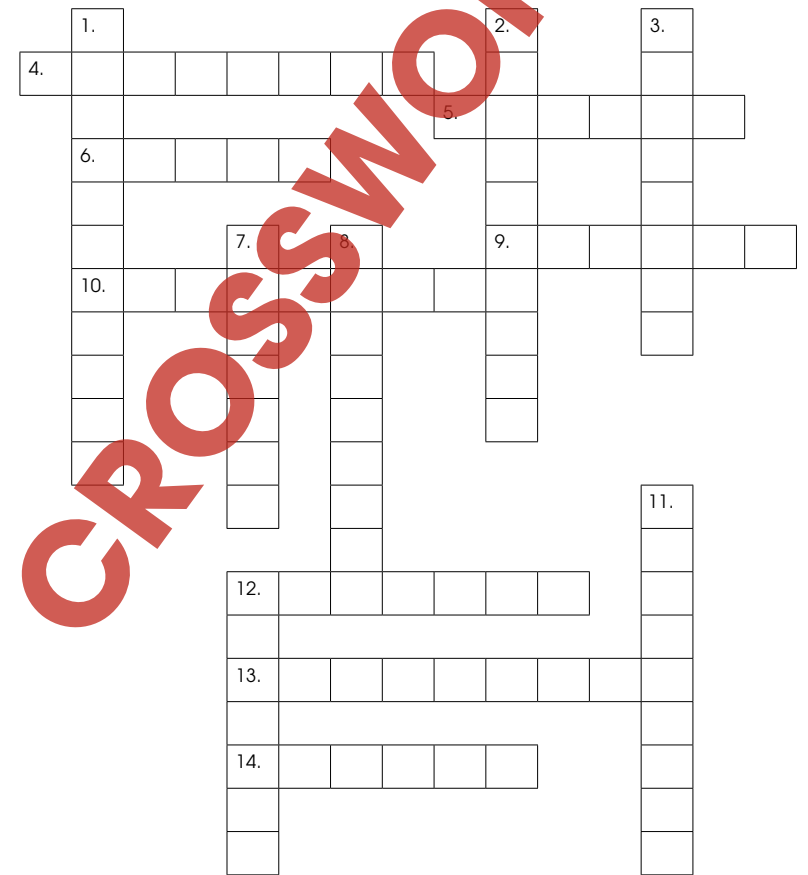
Crossword Puzzle!

Across

4. Worrying over a future event.
5. Not innocent. Shameful.
6. To change position.
9. To interact with. Starting.
10. To judge the value of something.
12. Agreeing with an act.
13. Paying close attention to.
14. The effect on someone or something.

Down

1. The feeling of annoyance, irritation or anxiety.
2. Getting help from a professional.
3. A very close relationship.
7. The cause of an event, the starting incident.
8. A problem or place where an issue could happen.
11. Grief or misery.
12. To make something clear.



Word List

- appraisal
- attentive
- clarify
- consent
- counseling
- dreading
- engage
- frustration
- guilty
- impact
- intimate
- shift
- situation
- suffering
- trigger



Comprehension Quiz

Part A

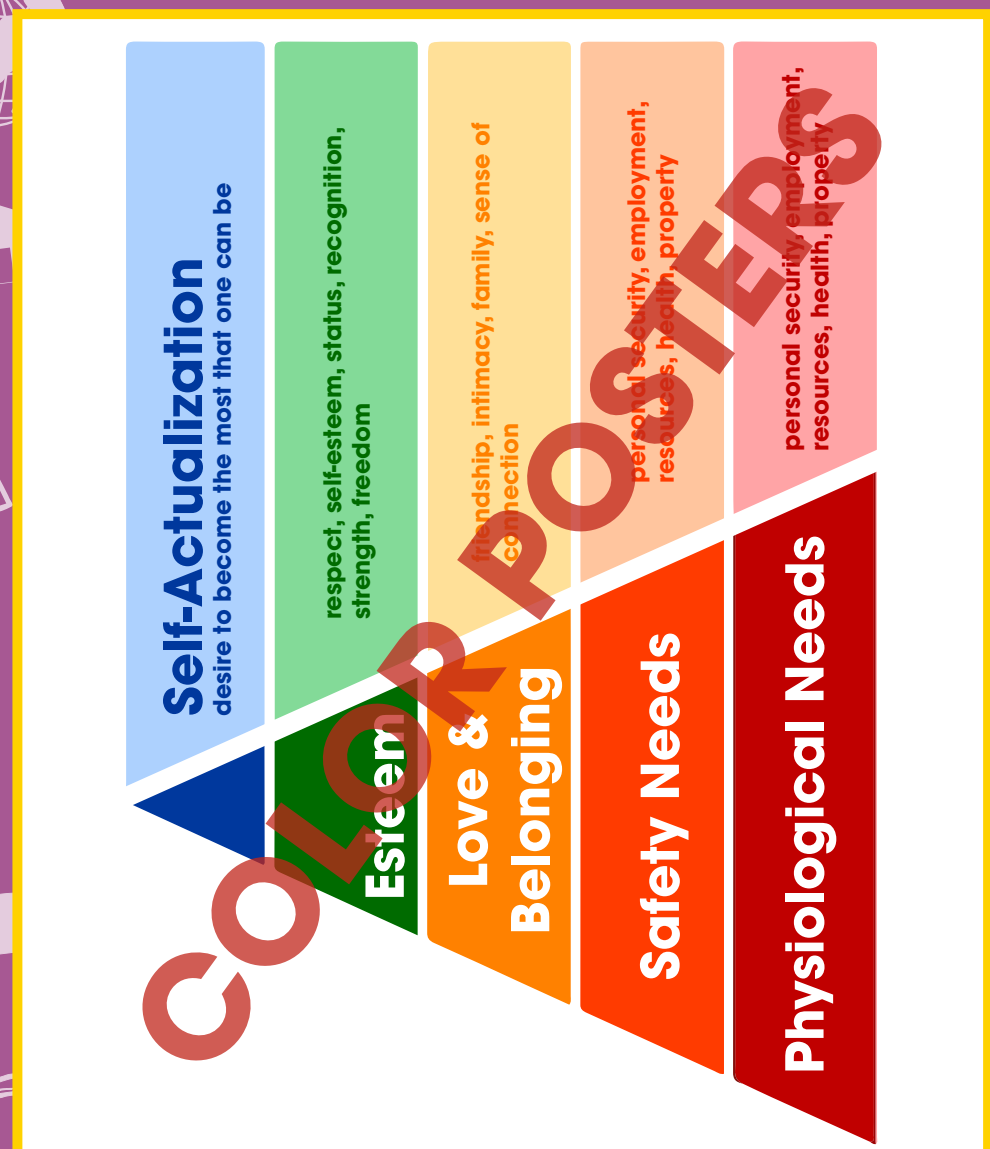
Circle **TRUE** if the statement is TRUE or **FALSE** if it is FALSE.

- TRUE FALSE** a) A counselor can help you with difficult feelings
- TRUE FALSE** b) Avoiding eye contact is a part of active listening.
- TRUE FALSE** c) Compromise is very important to a relationship.
- TRUE FALSE** d) Children should pay part of the household bills.
- TRUE FALSE** e) If at first you don't succeed, give up.

Part B

List three instances where a person could NOT give consent to a sexual activity.

Hierarchy of Needs





Cohabitation & Family Life

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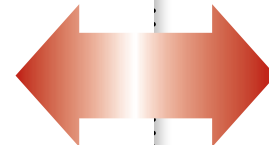
10

1.

- a) 4
- b) 3
- c) 1
- d) 2

2.

- a) P
- b) N
- c) P
- d) P
- e) N
- f) P



EASY MARKING ANSWER KEY

10





Cohabitation & Family Life



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