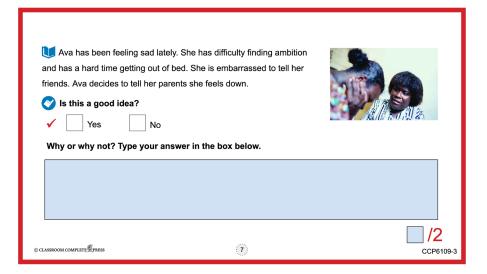
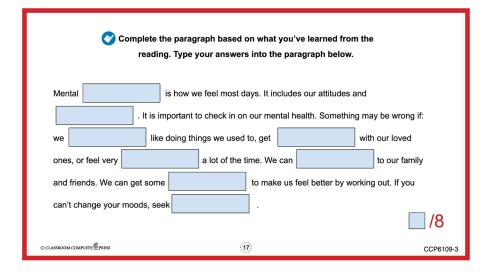
Short Answer Question



Reading Passage

Ur moods change every day. We can experience a whole range of emotions in a day. There						
may be periods of sadness, joy or frustration. Big life events can trigger those feelings. Most of the						
time, a bad mood won't last. Even if you are in a funk for a few days, you usually will start to feel like						
your old self.						
What happens if you don't go back to feeling normal? It is important to monitor how you feel most						
days. Your overall moods and attitudes are your mental health. You can do a few things to improve						
your mental health. Think of it as another part of your body that needs a checkup!						
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Comprehension Questions



Marking Rubric

		Name:					
		Level 1	Level 2	Level 3	Level 4		
Marking Rubric	Understanding Concepts	Demonstrates a limited understanding of the concepts. Requires teacher intervention.	Demonstrates a basic understanding of the concepts. Requires some intervention.	Demonstrates a good understanding of the concepts. Requires no intervention.	Demonstrates an excellent understanding of the concepts. Requires no intervention.		
	Responses to the text	Expresses responses to the text with limited effectiveness; inconsistently supported by proof from the text.	Expresses responses to the text with some effectiveness; supported by some proof from the text.	Expresses satisfactory responses to the text with some effectiveness; supported by satisfactory proof from the text.	Expresses thorough responses to the text with some effectiveness; thoroughly supported by proof from the text.		
	Analysis of Concepts	Interprets various concepts from the text with limited, unrelated details and incorrect analysis.	Interprets various concepts from the text with some details but also some incorrect analysis.	Interprets various concepts from the text with satisfactory details and good analysis.	Interprets various concepts from the text with excellent details and thorough analysis.		
	Application of Concepts	Demonstrates a limited ability to apply various concepts from the text to activities, discussions, and situations.	Demonstrates a basic ability to apply various concepts from the text to activities, discussions, and situations.	Demonstrates a satisfactory ability to apply various concepts from the text to activities, discussions, and situations.	Demonstrates a strong ability to apply various concepts from the text to activities, discussions, and situations.		
Total Score = /33							
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