

Definitions

Use a dictionary to look up the meanings of the words below.
Type the definitions in the boxes below.

voluntary

tendon

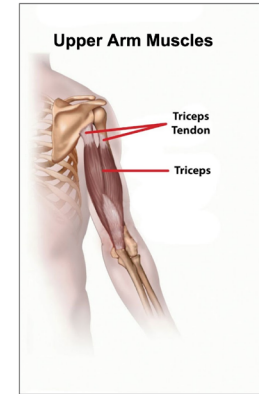
involuntary

/3

Reading Passage

We have read that muscles and bones are both needed for movement. To work together to create movement, muscles and bones have to be connected. Most muscles are attached to bone by strong cords called tendons. Tendons look like rubber bands. Besides connecting bone and muscle, one other important job of tendons is to protect muscle from strain during movement.

Can you find any tendons in your body? Try this: Touch the top of your hand as you wiggle your fingers. The hard ridges you feel that run from your fingers to your wrist are tendons.



True or False

Are the following statements TRUE or FALSE?
Drag the circles to TRUE or FALSE.

- Most muscles are attached to bone by a strong cord called ligament.
TRUE FALSE
- Three important body parts come together in voluntary movement.
TRUE FALSE
- These three important body parts are the brain, muscles and internal organs.
TRUE FALSE
- When a muscle shortens it contracts.
TRUE FALSE

/4

Marking Rubric

Name:

	Level 1	Level 2	Level 3	Level 4
Understanding Concepts	Demonstrates a limited understanding of the concepts. Requires teacher intervention. <input type="checkbox"/>	Demonstrates a basic understanding of the concepts. Requires some intervention. <input type="checkbox"/>	Demonstrates a good understanding of the concepts. Requires no intervention. <input type="checkbox"/>	Demonstrates an excellent understanding of the concepts. Requires no intervention. <input type="checkbox"/>
Responses to the text	Expresses responses to the text with limited effectiveness; inconsistently supported by proof from the text. <input type="checkbox"/>	Expresses responses to the text with some effectiveness; supported by some proof from the text. <input type="checkbox"/>	Expresses satisfactory responses to the text with some effectiveness; supported by satisfactory proof from the text. <input type="checkbox"/>	Expresses thorough responses to the text with some effectiveness; thoroughly supported by proof from the text. <input type="checkbox"/>
Analysis of Concepts	Interprets various concepts from the text with limited, unrelated details and incorrect analysis. <input type="checkbox"/>	Interprets various concepts from the text with some details but also some incorrect analysis. <input type="checkbox"/>	Interprets various concepts from the text with satisfactory details and good analysis. <input type="checkbox"/>	Interprets various concepts from the text with excellent details and thorough analysis. <input type="checkbox"/>
Application of Concepts	Demonstrates a limited ability to apply various concepts from the text to activities, discussions, and situations. <input type="checkbox"/>	Demonstrates a basic ability to apply various concepts from the text to activities, discussions, and situations. <input type="checkbox"/>	Demonstrates a satisfactory ability to apply various concepts from the text to activities, discussions, and situations. <input type="checkbox"/>	Demonstrates a strong ability to apply various concepts from the text to activities, discussions, and situations. <input type="checkbox"/>

Total Score = /44