

Matching

Match the word on the left with its meaning on the right. Type the number of the word next to its meaning.

- 1 self-advocacy Don't hold back.
- 2 independence Speak up for yourself.
- 3 assertive Able to take care of yourself.

/3

Reading Passage

Don't be afraid to ask questions. Especially when it is about your life. If something isn't clear, just ask. Being clear on things shows that you're self-aware. You want to be involved in the decision process.

Strategies for self-advocacy:
communicate, convey, negotiate, assert own needs and rights.

How to learn self-advocacy. Become aware of your own strengths and challenges. Knowing yourself will allow you to know your limits. This leads to self-awareness. You will learn more about this in a later Chapter. Having a growth mindset will help with self-advocacy. A growth mindset means you believe anything can be learned. Skills can grow over time with hard work. A self-advocate isn't afraid to learn and grow.

True or False

Are the following statements TRUE or FALSE?
Use the circles to answer.

- Don't be afraid to ask questions.
TRUE FALSE
- Self-awareness leads to self-advocacy.
TRUE FALSE
- A growth mindset means you can't learn anything new.
TRUE FALSE
- Self-advocacy is important if you want others to decide your life.
TRUE FALSE

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Marking Rubric

Name:

Marking Rubric

	Level 1	Level 2	Level 3	Level 4
Understanding Concepts	Demonstrates a limited understanding of the concepts. Requires teacher intervention. <input type="checkbox"/>	Demonstrates a basic understanding of the concepts. Requires some intervention. <input type="checkbox"/>	Demonstrates a good understanding of the concepts. Requires no intervention. <input type="checkbox"/>	Demonstrates an excellent understanding of the concepts. Requires no intervention. <input type="checkbox"/>
Responses to the text	Expresses responses to the text with limited effectiveness; inconsistently supported by proof from the text. <input type="checkbox"/>	Expresses responses to the text with some effectiveness; supported by some proof from the text. <input type="checkbox"/>	Expresses satisfactory responses to the text with some effectiveness; supported by satisfactory proof from the text. <input type="checkbox"/>	Expresses thorough responses to the text with some effectiveness; thoroughly supported by proof from the text. <input type="checkbox"/>
Analysis of Concepts	Interprets various concepts from the text with limited, unrelated details and incorrect analysis. <input type="checkbox"/>	Interprets various concepts from the text with some details but also some incorrect analysis. <input type="checkbox"/>	Interprets various concepts from the text with satisfactory details and good analysis. <input type="checkbox"/>	Interprets various concepts from the text with excellent details and thorough analysis. <input type="checkbox"/>
Application of Concepts	Demonstrates a limited ability to apply various concepts from the text to activities, discussions, and situations. <input type="checkbox"/>	Demonstrates a basic ability to apply various concepts from the text to activities, discussions, and situations. <input type="checkbox"/>	Demonstrates a satisfactory ability to apply various concepts from the text to activities, discussions, and situations. <input type="checkbox"/>	Demonstrates a strong ability to apply various concepts from the text to activities, discussions, and situations. <input type="checkbox"/>

Total Score = /44