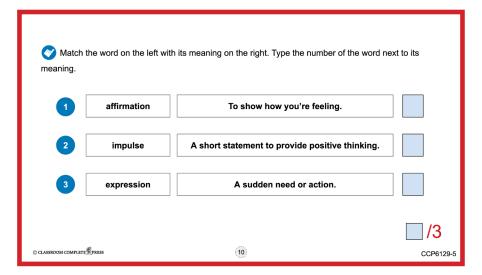
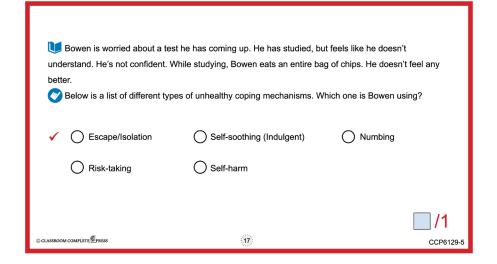
Short-Answer Question



Reading Passage

Coping is what someone do	es to get rid of bad feelings. Coping is plans to help de	al with a				
stressful situation. Coping skills	are used for two kinds of problems: emotional and task	<u>.</u>				
Emotion-based coping takes car	re of your feelings. It is used when something is out of y	our control.				
Like when you feel sad after you lose someone close to you. Task-based coping is when you talk out						
something in your life that causes stress. Like if you're fighting with a neighbor. It's creating an						
unlivable situation. You may dec	ide to move.					
	Coping skills for					
emotional problems: Exercise. Bath. Affirmation. Meditate.						
task problems: Time n	nanagement. Ask for help. Set boundaries. Make a to-c	do list.				
\odot classroom complete $\stackrel{\frown}{\mathscr{L}}$ press	(12)	CCP6129-5				

Matching



Marking Rubric

		Name:	ime:				
Marking Rubric		Level 1	Level 2	Level 3	Level 4		
	Understanding Concepts	Demonstrates a limited understanding of the concepts. Requires teacher intervention.	Demonstrates a basic understanding of the concepts. Requires some intervention.	Demonstrates a good understanding of the concepts. Requires no intervention.	Demonstrates an excellent understanding of the concepts. Requires no intervention.		
	Responses to the text	Expresses responses to the text with limited effectiveness; inconsistently supported by proof from the text.	Expresses responses to the text with some effectiveness; supported by some proof from the text.	Expresses satisfactory responses to the text with some effectiveness; supported by satisfactory proof from the text.	Expresses thorough responses to the text with some effectiveness; thoroughly supported by proof from the text.		
	Analysis of Concepts	Interprets various concepts from the text with limited, unrelated details and incorrect analysis.	Interprets various concepts from the text with some details but also some incorrect analysis.	Interprets various concepts from the text with satisfactory details and good analysis.	Interprets various concepts from the text with excellent details and thorough analysis.		
	Application of Concepts	Demonstrates a limited ability to apply various concepts from the text to activities, discussions, and situations.	Demonstrates a basic ability to apply various concepts from the text to activities, discussions, and situations.	Demonstrates a satisfactory ability to apply various concepts from the text to activities, discussions, and situations.	Demonstrates a strong ability to apply various concepts from the text to activities, discussions, and situations.		
Total Score = /35							
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