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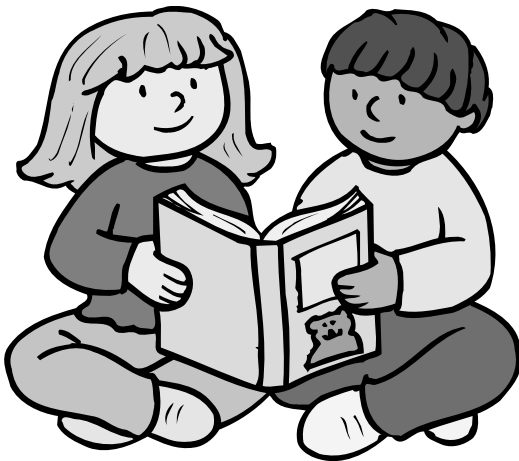


# Chapter 1

## Hatch a Heartasaurus

### Problems

- Not sharing.
- Pushing other children around.
- Generally insensitive to others.
- Instigating situations which may cause peers to get into trouble.
- Excessive bossiness.



### Goals

- Increase sensitivity to people's feelings.
- Demonstrate kindness, caring and generosity.
- Experience the rewards of friendship.

# Chapter 1

## Hatch a Heartasaurus

### Ways & Means

#### Discover a Heartasaurus

- Premake a Heartasaurus and an egg for each child. (See patterns on pages 8-9.) Display the closed eggs, each containing a Heartasaurus, in one large nest made with packing straw or the kind of "grass" used in baskets. These may be displayed on a bulletin board. (One large Heartasaurus and egg may be used for an entire group in lieu of individual ones.)
- Discuss with the children the fact that dinosaurs are extinct except for the few Heartasaurus eggs that we have found. Ask them if they know what eggs need in order to hatch. Guide the children to the conclusion that eggs need to be kept warm over a period of time. Go on to explain that Heartasaurus eggs need a special warmth that can come only from acts of kindness.

#### Model/Role Play

- Act out situations that demonstrate the goals and contrast them with situations that demonstrate problems such as:
  1. Inviting peers to join in activities versus excluding some peers from play, parties, etc.
  2. Sharing toys or possessions willingly, when appropriate, versus grabbing and not sharing. (Be sure that this is age appropriate.)
  3. Engaging in cooperative play versus destroying peers' products (e.g., block or sand building).
  4. Focusing on own work versus excessive interfering with peers' work or being bossy.

#### Hatch a Heartasaurus

- Each day observe, define and praise the children's efforts and progress toward the goals. Reinforce growth by opening individual eggs a crack. On successive days, as the eggs gradually open, each baby Heartasaurus slowly begins to appear. The "incubation" period should take a minimum of two weeks to complete.

#### Culmination

- Give the children their newly hatched Heartasauruses along with "feedbags." (The feedbags are made of sandwich bags filled with appropriate treats.) The children may "help" their Heartasaurus eat its "food" supply.

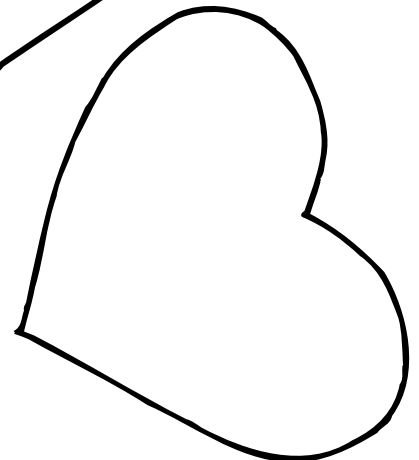
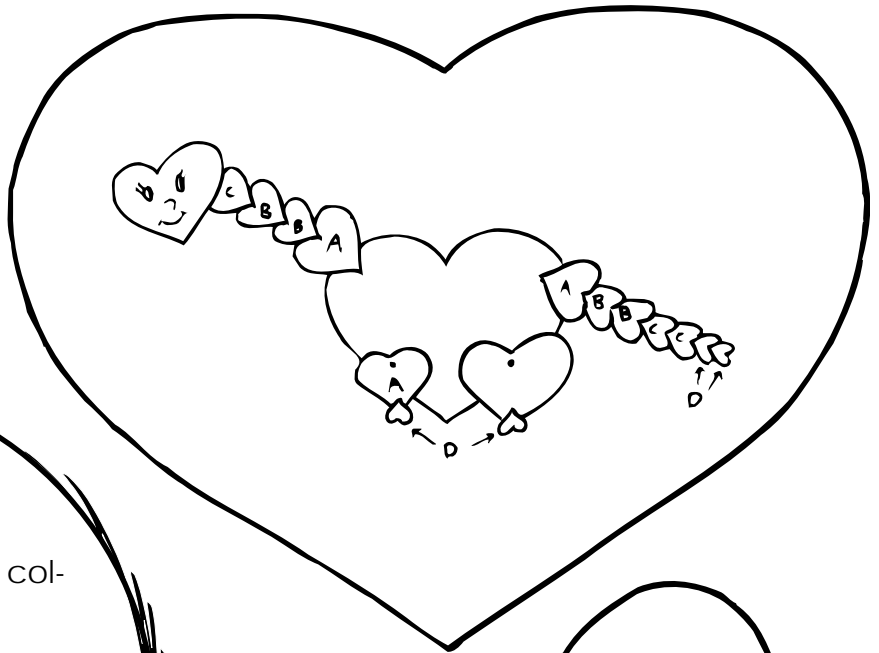
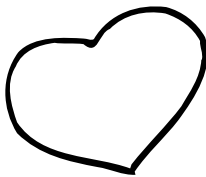
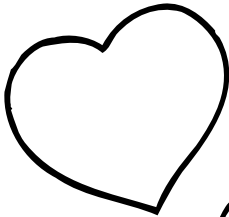
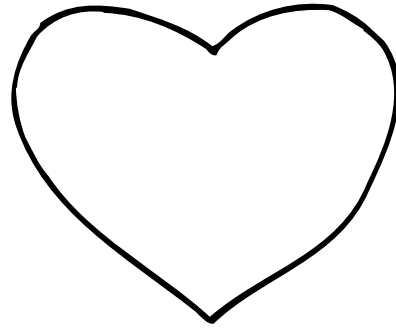
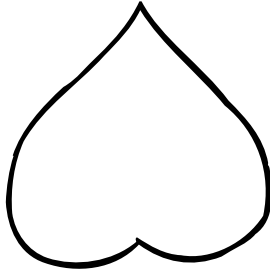
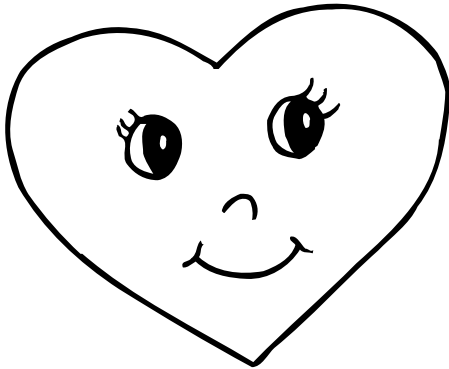
#### Reinforcement

- If review is necessary, new eggs may be "discovered" and the activity repeated.

# Chapter 1

# Hatch a Heartasaurus

## Heartasaurus Pattern



### Instructions

1. Cut out hearts in bright colors.
2. Glue the tips of the hearts together for the head, neck, tail, legs and feet.
3. Connect the neck, tail and legs to the body with brads.
4. Swivel the tail, neck and legs behind the body and put the Heartasaurus in the egg.