

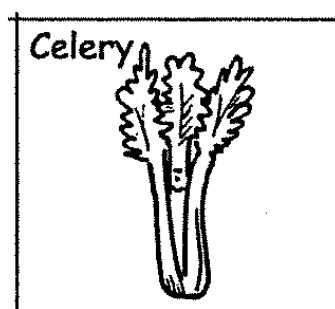
# CONTENTS OF THE PLANTS WE EAT

- Storybooks, Web sites, and More Resources

## Bookmaking Patterns

- *I Am a Flowering Plant with Four Parts*  
*My Name is Herb and I Like to Plant and Grow Herbs*

- Fruits and Vegetables Pictures



- Pocket Chart Activity and Song
  - I Like to Eat the Parts of a Plant

- Pocket Chart Classifications

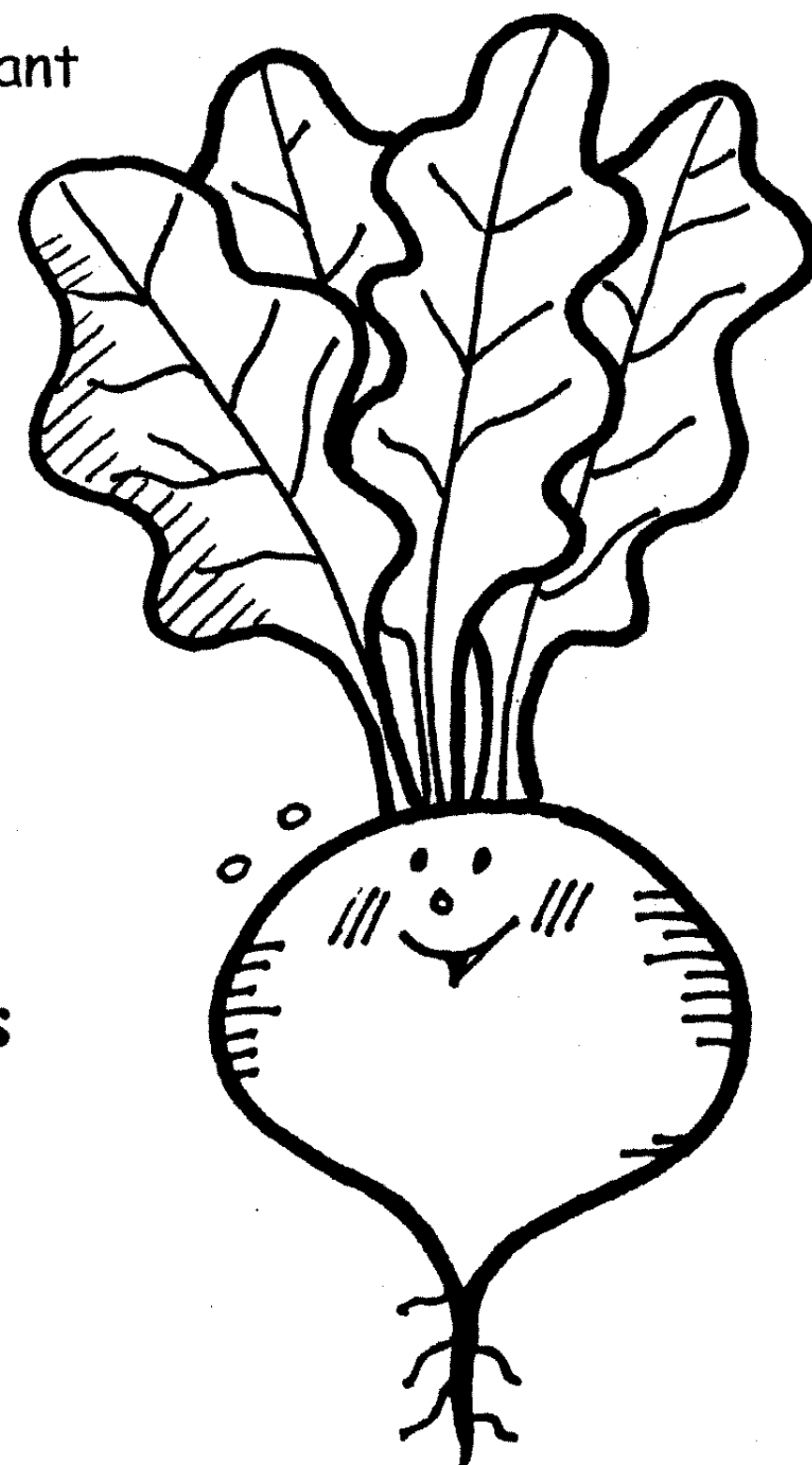
- Sentence Strips

- Task Cards for Independent Learning

- Farmer's Market Game Board

- **Rebus Chants and Activities**

- Student Work Sheets




Instructions: Cut out the book pages on the lines. Looking at the page numbers, put the pages in the right order. Staple the pages together on the left side. Finish the book with your creativity.

I have a \_\_\_\_\_  
that makes seeds to  
make more plants.



I have a \_\_\_\_\_  
that holds me up and  
carries water and  
food to my leaves.



### Make a Book

Cut out the pages of the book. Stack them up in the right order by looking at the page numbers. Staple the pages together at the top.

Now you can finish the pages of your book by filling in the blanks and colouring the flowering plant.

## My Name is Herb and I Like to Plant and Grow Herbs

My name is \_\_\_\_\_



My name is Herb.  
I like to plant and grow herbs.

Can you draw a few things that Herb might need to plant and grow his herbs?



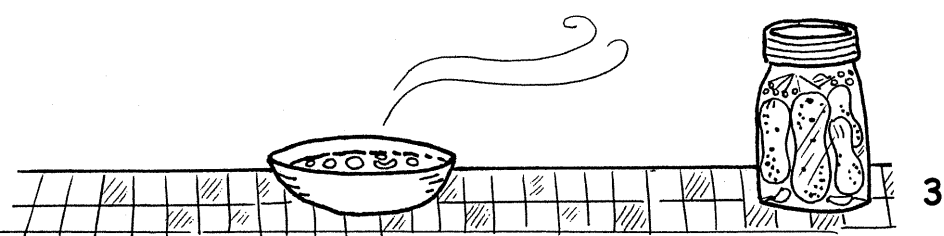
I like to grow basil.  
I add basil to my salad.

Can you draw and colour a leafy green salad?



I like to grow dill.  
I add dill to my soup.

Can you draw a member of Herb's family eating this bowl of delicious, hot soup?



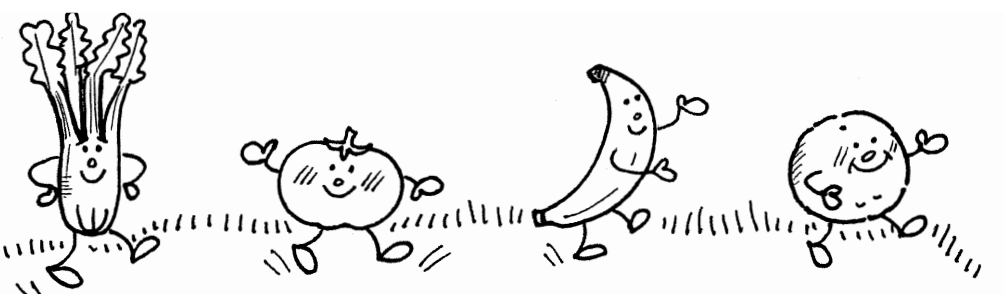
## Song

### I Love to Eat the Parts of a Plant

Sing to the tune of *The Wheels on the Bus*

I love to eat the stem of (celery),  
The stem of (celery),  
The stem of (celery),  
I love to eat the stem of (celery),  
When I go home to dinner.

In the next verse, change the plant part.



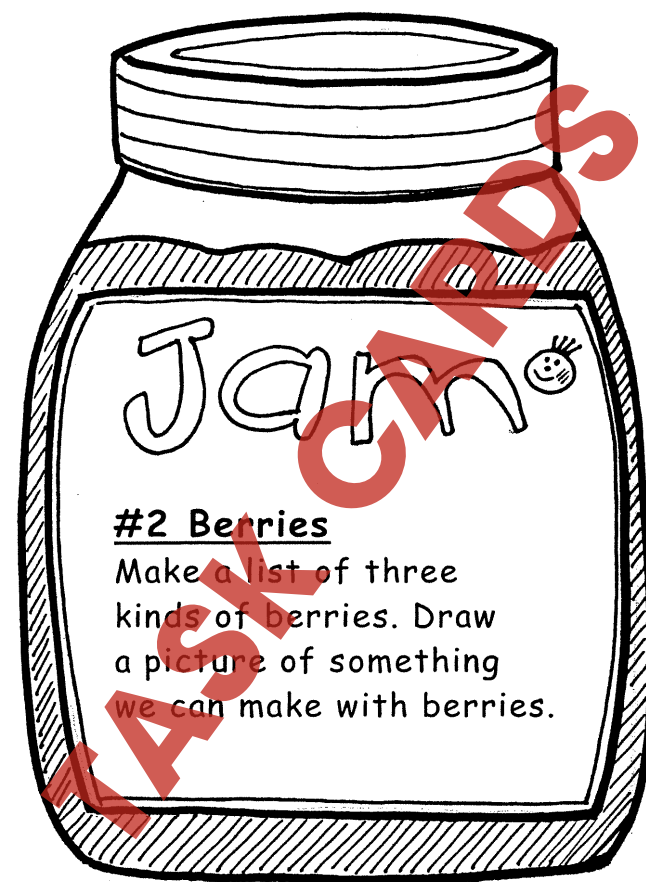
I love to eat the stems of a plant.

I love to eat the leaves of a plant.

I love to eat the flowers of a plant.

I love to eat the seeds of a plant.

Task Card



Go through the Farmers' Market and buy plant parts. For two to three players, you will need a die, a marker for each player and a set of fruit and vegetable pictures, spread out and placed face up.

**Start Here**

**Seeds**

**Leaves**

**Roots**

**Flowers**

**Seed Coverings**

**Stop for ice cream cones**

**Stop to buy bread. Miss one turn.**

**Time to rest. Go back two spaces.**

**Farmers' Market**

The first player rolls the die and moves his/her marker. Follow the directions on the game board. If you land on a plant-part square, pick a fruit or vegetable card. For example if you land on **ROOTS**, then pick a vegetable where you eat the root.

Name \_\_\_\_\_ Date \_\_\_\_\_

**Life Without Wheat**

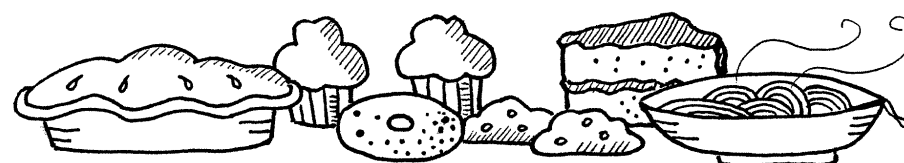
Wheat is the most important cereal grain. Without wheat to make flour, we would have to give up many delicious foods.

You will find a list of foods that you would have to give up. Can you find them in the word puzzle? Circle each letter in each word you find and then cross it off the list.

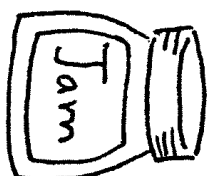
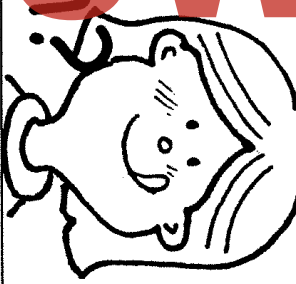
- cereal muffin bread bagel pita waffle
- cake pie spaghetti cookies



Z V M U F F I N O D  
 O X C O O K I E S L  
 C W K B D E P I E K  
 B R E A D C I V U S  
 S P A G H E T T I M  
 Q E C E B R A F G Z  
 Z Q A L D E X P D U  
 R R K B W A F F L E  
 G W E Q Z L W M C K





 <p><b>What Makes Good Jam?</b></p> 	<p><b>We Eat Blue and Purple Food</b></p>	<p><b>We Eat Red and Pink Food</b></p>	<p><b>We Eat Yellow Food</b></p>
--	---	--	----------------------------------

**ANSWER KEY**



**Eat Yellow Food**  
 Banana  
 Strawberry

Pineapple  
 Orange

**Eat Blue and Purple Food**  
 Blueberries  
 Blackberries  
 Raspberries  
 Strawberry

**Fruits and Veggies for a Great Spaghetti Sauce**  
 Tomato  
 Carrot  
 Celery  
 Onion  
 Lemon

**What Makes Good Jam?**  
 Raspberries  
 Strawberry  
 Blackberries

**Fruits and Veggies for a Sandwich**  
 Cucumber  
 Tomato  
 Lettuce  
 Radish

**Vegetables That Grow in Canada**

**Fruits and Veggies for a Salad**  
 Cucumber  
 Tomato  
 Lettuce  
 Orange  
 Lemon

**Vegetables and Fruits High in Vitamin C**  
 Brussels sprouts  
 Pepper  
 Kiwi  
 Papaya  
 Strawberries  
 Orange

**Fruits and Vegetables From Different Countries**

**Vegetables and Fruits High in Vitamin C**  
 Brussels sprouts  
 Pepper  
 Kiwi  
 Papaya  
 Strawberries  
 Orange