



Daily Life Skills Series



CC5790 Daily Marketplace Skills

- Value of Money and Budgeting
- Buying of Goods and Services
- Menu Math and Grocery Shopping Math
- Web Buying and Internet Fraud
- Calculating Sales Tax
- Forms of Payment



CC5791 Daily Social & Workplace Skills

- Daily Routines & Time Management
- Making Appointments & Filling Out Forms
- Friendships, Communication & Problem Solving
- Texting, Email & Telephone Manners
- Workplace & Volunteering Behaviors
- Social Media Behaviors & Cyber Bullying



CC5792 Daily Health & Hygiene Skills

- Healthy Nutrition and Meal Planning
- Exercise and Fitness
- Personal Hygiene, Grooming and Dental Care
- Household Care: Cooking, Laundry and Cleaning
- Personal, Community and Travel Safety
- Prescription and Non-Prescription Drug Use