

NAME: _____



Activity Four



Internet Fraud Research

Internet fraud is a problem in this day and age. Our lives are on the internet. Our identity is on the internet. Our money is on the internet. The internet isn't always safe. Many people become victims of internet fraud.



Do some research into internet fraud. First, find out how it happens. Then, list how you are in danger of it. Finally, list what you can change to avoid it.

Then, pick one of the ways below to show what you've found:

1. Write an Essay

Write an essay about what you've learned. The first paragraph will give your opinion. The next 3 paragraphs will give examples to prove your opinion. The last paragraph will give your opinion again.

2. Create an Infographic

Make an infographic to show the information you've learned. An infographic uses pictures to show information. Explain how internet fraud happens at the top. Then, list how you are in danger. After, list what you can change to avoid it. At the bottom, leave room for your final thoughts.

3. Create a Brochure

Make a brochure to show the information you've learned. It should be a warning against internet fraud. Look at other brochures about dangers of things to get an idea. Explain what internet fraud is, how to spot it, and how to avoid it. The front page of your brochure should grab your reader's attention. The inside should let your reader know about internet fraud. The back page should list where your reader could learn more about internet fraud.

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Activity One



Goal-Setting and Daily Decisions

Goals can be short or long term. A short-term goal could be to save up for a fancy restaurant. A long-term goal could be to save up for a house. Whatever your goal is, the decisions you make on a daily basis have an effect.

For this activity, set a goal for yourself. This could be short-term, like working out 3 times a week. Or it could be long-term, like losing 10 pounds by a certain date. Whatever the goal, write it down in the chart below.

Then, list all the daily decisions you'll make to reach your goal. As you go through the day, write down any decisions you must make that have a direct affect on your goal. List these decisions in your chart.

After, compare your daily decisions with your goal. Which ones help you reach your goal? Which ones interfere with your goal?

Goal: _____

Daily Decisions	Help?	Hinder?

NAME: _____



Activity Four



Laundry Temperature Experiment

Doing the laundry can be a scary task. There are lots of different options. The first option you'll have is what temperature to use. This is an important step. It affects how clean your clothes get.

If you wash 100% cotton in hot water, the clothing may shrink. Instead, wash it in cold water. If clothes are really dirty, cold water won't be enough to clean them. Use hot water to really get your clothes clean.

Do an experiment with the 3 different temperatures. Test them on different types of fabric. Go to a fabric store or use old clothes you don't care about anymore. Pick out at least 5 different fabrics. Make sure you have 3 kinds of each fabric.

Get all fabrics dirty and 'worn'. Take a picture of each next to a ruler. Use this as your before test. Then, wash each piece of fabric in the different temperatures. Take a picture of each next to a ruler. Use this as your after test. Compare the results. Make a tip chart similar to below using your findings. Look at this chart whenever you do laundry.

HOT	WARM	COLD
+130°F (+54°C)	90°F (32°C)	80°F (27°C)
white clothes	light colors	dark or bright colors
very dirty or greasy	cleans dirty clothes	not for very dirty clothes
diapers	towels, jeans, cottons	good for delicate fabrics
bed sheets and pillowcases	sheets, uniforms, manmade fibers	use for stain removal with a pre-treatment
can shrink or fade	doesn't fade or wrinkle	doesn't fade or shrink